

# Clunbury CE Primary School and rural nursery



Blue Hills  
Federation

## NEWSLETTER

13.06.25



IF YOU MISS A NEWSLETTER, YOU CAN FIND THEM ALL ON THE SCHOOL WEBSITE



### SPORTS DAY 2025 is on Thursday 19th June, from 1pm

Parents are invited to come along and watch their child take part. Please arrive from **12.45pm** and make your way directly to the sports field, above the Forest School field. Please do not park in the staff car park or on the driveway. Please be aware that dogs are not allowed on the school grounds. The Friends of Clunbury School will be holding a raffle during Sports Day and selling refreshments. There will be a practice on Wednesday 18th June - all children to wear PE kit to school that day please.



### Y6 Curborough Goblin Car Races 2025

As some of you already know, Y6 have spent the last 2 terms building their Goblin Car in afterschool Car Club. Last week, they took part in the Curborough Goblin Car Races near Litchfield, where they came an amazing 2nd place in the sprint race finals! With James at the wheel and Arthur giving the push start, they came home with some silver metal :) This was an amazing achievement for a little school going up against more than 20 other schools from across the midlands. Well done team!!



We would like to thank the South Shropshire Engineering Ambassadors for giving up their free time to enable the children to take part in such an exciting project and for giving the children the opportunity to race their own car.

### School Attendance - since start of Summer Term

Early Years &  
KS1: 96.1%  
KS2: 95.7%



### PARENT ZONE ... This fortnight's Guide features:

EARLY WRITING  
- see following page



### Mental Health & Wellbeing

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

**childline** 0800 1111  
ONLINE, ON THE PHONE, ANYTIME

**SAMARITANS** 116 123

**mind** 0300 123 3393

### Friends of Clunbury School



There are 2 very useful Facebook pages for parents to follow:

- Clunbury School parents page
- Friends of Clunbury CE Primary School

### Free School Meals

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at:

**Shropshire Free School Meals**

### The Clunbury Vision

'Teach children how they should live, and they will remember it all their lives.'

Proverbs 22:6 The Good News Bible

### Our Values

Trust & Truth, Joy & Happiness,  
Love & Respect, Thankfulness,  
Friendship & Family,  
Perseverance & Resilience



**KS2 Freestyle Martial Arts:** On Friday 4th July, Years 3, 4, 5 and 6 have the opportunity to take part in a freestyle martial arts taster session with a fully qualified instructor.



**REQUEST**  
Please can the Friends have donations of cakes and bakes for Sports Day. **Thank you in advance!**

**SUNSCREEN & SUN HATS** Please can all children have a labelled sun hat and sunscreen in school at all times during the summer

### Class 2 3D Clunbury Map

This week, as part of their topic work, C2 have created their own 3D map of Clunbury using cardboard and lego.



**School Uniform** - order early for next academic year to save delivery disappointment!

**SCHOOL TRENDS**  
GROWN OUT BEFORE WORN OUT  
**School Trends**



Please, whenever possible, can all messages and notifications regarding children's appointments, club changes, travel arrangements, illnesses etc be sent via **email or text**. This will help reduce the risk of messages going awry and being missed and create a paper trail.

thank you!

### Term Date Reminders ...

- Bedstone Performance - Friday 11th July, 5.30pm
- Leaver's Service - Friday 18th July, 11am

**Leaver's Disco**  
Friday 18th July Clunbury Village Hall, 1pm - 3pm

### What's happening this week ...

Dinner Menu: week 2

Dinner Menu: week 3

16.06.25	Monday	Tuesday	Wednesday	Thursday	Friday	23.06.25	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Y6 Crucial Crew		Sports Day Practice			AM			C2 River Clun	Y6 Hereford Cathedral	
PM		C2 Swimming		Sports Day	Whole school music/PE	PM		C2 Swimming		Class 1 Forest School	Whole school music/PE
Clubs 3.30-4.30/5	Art	Craft	Gardening	Movie	Sports	Clubs 3.30-4.30/5	Art	Craft	Gardening	Movie	Sports

### Dates for your Diary ...

Monday 16th June  
Thursday 19th June  
Wednesday 25th June  
Thursday 26th June  
Tuesday 1st July

Y6 Crucial Crew  
Sports Day  
C2 River Clun  
Y6 Hereford Cathedral  
Y6 Induction Day Ludlow

Friday 4th July  
Monday 7th July  
Mon/Tues 7th/8th July  
Friday 11th July  
Friday 18th July  
Friday 18th July

KS2 Freestyle Martial Arts Taster  
Bedstone Performance rehearsal  
CCBC Y6 Induction Days  
Bedstone Performance  
Leaver's Service  
Last day of term

Due to unforeseen circumstances, dates may change from time to time.





## PARENT ZONE ...

Helpful guides to keep your children safe online and at home

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

### 10 Top Tips for Parents and Educators

# PROMOTING A LOVE OF EARLY WRITING

Mastering writing skills at an early age can result in better literacy and communication capabilities, giving children improved prospects in their later education and career. To write meaningfully requires motivation, inspiration and fine motor skills. Children gradually come to understand that writing has meaning and that the words they write can be read back again.

#### 1 MODEL WRITING HABITS

Children thrive on copying the behaviours of the adults they observe around them, so modelling writing habits to children is vital – as is helping them to grasp that writing has meaning. As many adults now write with digital tools instead of pen and paper, we'd recommend using obvious 'writing' actions so that children are less likely to misinterpret what you're doing as browsing the internet or checking your social media.

#### 2 WRITE FOR A REAL PURPOSE

Adults can promote writing by involving children in its real-life purposes, such as shopping lists or letters and cards to friends and relatives. This is especially helpful before children enter the final year of the Foundation Stage, when writing becomes more structured and less spontaneous. Children increasingly use digital technology for their early writing, so it's important to recognise and value all the forms that writing might take for children at home.

#### 3 CREATE THE 'WRITE' ENVIRONMENT

Where possible, providing accessible opportunities to write is beneficial for children who want to engage independently. It can help children to be fully immersed in the experience, aiding their concentration and letting them build up the amount of time they're able to focus. You could keep paper, clipboards and a range of writing tools near where children play, for example. They could also take these outside. Different materials will pique interest.

#### 4 UTILISE THEIR INTERESTS

To inspire children to write and keep them motivated, following opportunities linked to their interests and play is important. They could write invitations for a tea party or a sign for a make-believe shop, for instance, or make a 'lost and found' poster for a character in a story. These opportunities can be created organically by giving children access to a variety of writing tools in the environment.

#### 5 CONSIDER THE PROCESS

In terms of development, children generally learn to speak first, then build their vocabulary and develop the fine motor coordination they need to manipulate a writing instrument. All these stages are important and should be encouraged. As they grow older, the alphabet can be introduced, and you can support them to make links between the spoken language and written words.

#### 6 FOCUS ON FINE MOTOR SKILLS

Before learning to form letters, children will make marks as they learn how to hold instruments like pencils or crayons. In doing this, they'll develop the dexterity and movement in their fingers that's needed for writing. You can support this by engaging in play which boosts these skills – such as threading beads, finger painting and using playdough. Giving them broader implements to hold (chunky crayons, for example) will also help.

#### 7 PHASE IN PHONICS

Using phonics builds the knowledge of sounds and the skill of using letters. For young children to be able to apply what they've learned in their writing, it's important that they get lots of opportunities to playfully explore the sounds that make up words. Moving to more formal correspondences and letter identification too early can be counterproductive: nurseries should be able to advise parents on the right time to introduce this.

#### 8 BUILD A POSITIVE MINDSET

In developing early writing skills, children engage in mark making, which might not accurately represent known letters and can include symbols and pictures. Praising a child's effort here promotes a positive mindset around writing: they're demonstrating that they understand it has a purpose and meaning. Ask them to share what they've written (they'll normally translate it for you!) and try to avoid correcting them too much in that specific moment.

#### 9 TAKE REGULAR BREAKS

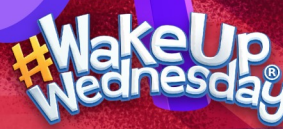
While writing and early mark making can be hugely enjoyable, children can also sometimes struggle to sit for lengthy periods of time or engage with writing fully. Regular intervals are encouraged: even making some marks or writing a few words (such as their name) is better than none. You could also factor in some movement breaks. Not forcing children to write in a particular way is key to ensuring they don't become disengaged.

#### 10 LINK WRITING TO READING

As children get older, you can (while reading a story, for example) highlight particular sounds in words – perhaps starting with familiar ones like the letters in their names. You can also show the direction you're reading in (left to right in English; right to left in Arabic and so on), which will help raise their awareness. Highlighting who the author is may also encourage children to begin writing their own stories.

#### Meet Our Expert

Kara Kiernan has worked in senior leadership positions (both in the UK and internationally) for 15 years, supported by an MEd in Educational Leadership. As an educational consultant, she now delivers training for a range of organisations – notably on EYFS practice and child development. Previously, Kara was head of a nursery and junior school and has also been a director of early years.



The National College®

Source: See full reference list on guide page at: [nationalcollege.com/guides/love-of-early-writing](http://nationalcollege.com/guides/love-of-early-writing)



# Summer Term 2025 School Dinner Menu

**Week 2 menu week commencing: Monday 28th April 2025**

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Meatballs in Tomato Sauce	Sausage Roll	Roast Chicken with Stuffing	Beef Chilli	Chicken Fillet
	Veg	Mash, peas and sweetcorn	Wedges and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorn and green beans	Chips, peas and baked beans
	Pudding	Chocolate Cookie	Iced Sponge	Fudge Crunch	Mango Shortbread	Banana Flapjack
Week 2	Main	Beef Bolognese	Sausages & Gravy	Roast Chicken with Stuffing	Italian Chicken Meatballs	Cheese and Tomato Pizza
	Veg	Pasta, peas and sweetcorn	Mash and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorn and beans	Chips, peas and baked beans
	Pudding	Sticky Toffee Pudding	Iced Chocolate Sponge	Vanilla ice cream and peaches	Fruity jelly	Chocolate Malt Brownie
Week 3	Main	Ham and Cheese Bake	Breaded Chicken Fillet	Roast Beef and Yorkshires	Pork Sweet & Sour	Sausages
	Veg	Pasta, peas and sweetcorn	Wedges and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorn and green beans	Chips, peas and baked beans
	Pudding	Cherry Chocolate Crunch	Iced Lemon Sponge	Vanilla Crunch	Apple and Cinnamon Flapjack	Carrot and Orange Cake



In association with



## We're part of the My School Fund initiative.

### Together we can boost our school's budget, plus your own!

It's completely free to sign up and both you and your child's school will receive eGift Cards to be used at participating retailers based on a percentage of your spend.

**Visit [myschoolfund.org](https://myschoolfund.org) today!**



**Step 1**

Visit [myschoolfund.org](https://myschoolfund.org) to sign up for free and link to your child's school



**Step 2**

Register your credit/debit card to your account



**Step 3**

Spend at participating retailers



**Step 4**

Start receiving your eGift Cards!



## Help raise free funds for our school

every time you shop online

Join easyfundraising today and search for

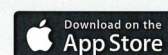
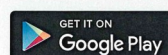
### Friends of Clunbury School

Thousands of well-known retailers will give us a free donation when you shop with them - at no cost to you!

Shop at over **4,100** online stores



**Download the app**



Over £31 million raised

Trustpilot ★★★★★

1.8 million users





## Protect our children!

**Parents and guardians:** Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to [www.westmercia.police.uk/exploitworkshops](http://www.westmercia.police.uk/exploitworkshops)



# Tots & Tales Duplo Club

Every Tuesday morning  
10am - 11am  
At Bishop's Castle Library

Come and build with us, share a story  
and meet other families  
Free to attend!

## New FAMILY BOARD GAME CLUB

At Bishop's Castle Library  
Every Friday afternoon 3.30pm - 5pm

Come along and choose from  
our selection of board games!  
Challenge your friends and  
family!

Games & refreshments  
provided!

Everyone welcome  
Free to attend!

Children must be accompanied by an adult!

# Bishops Castle Cricket Club

JUNIOR CRICKET PROGRAMME 2025

FUN, FAST & SOCIAL GAME SUITABLE FOR ALL ABILITIES

STARTS MONDAY 12TH MAY (9 WEEKS)

AT BOCC - THE MANOR GROUND  
(SY9 5HA)

Year R-Year 3 - 5:45-6:30pm

Year 4-Year 11 - 6:00-7:00pm

To register your child contact  
Caitlin Moulder  
Text / Phone - 07983460877  
Email - [caitlinperry@hotmail.co.uk](mailto:caitlinperry@hotmail.co.uk)

ECB QUALIFIED  
COACHES WITH  
DBS AND FIRST  
AID

Junior Membership £50

(Additional discounts for siblings)

BOASTLECRICKET



# DID YOU KNOW?

DOG Awareness

2,206 posties were injured by dogs in the past year.

That's 42 attacks each week, with some suffering life changing injuries.

## PLEASE HELP US PROTECT YOUR POSTIE

- Never open the door to a postie when your dog is not secured away
- Invest in a letter cage or external delivery point to stop bites through the letterbox
- If your dog is running loose outdoors on your premises your mail can be suspended

Following changes to the Dangerous Dogs Act 1991 in May 2014, an owner or/and a person in charge of a dog, can be prosecuted if that dog attacks anyone, in any place in England, Wales or Scotland.

For more information, please visit [royalmail.com/dogawareness](http://royalmail.com/dogawareness)



# Song Time with Sophie

MUSICAL NURSERY RHYMES AND STORIES FOR BABIES AND TODDLERS

EVERY WEDNESDAY AT  
9.15AM AND 10.30AM

CLUN MEMORIAL HALL

£3 PER CHILD



## Family Drop-ins

Free info, advice & support

You can get free information, advice and support on all aspects of family life, at our Family Drop-Ins. Come along for a coffee and a chat, and see how we can help you with:

- Family life
- Parenting support (including child development, behaviour, sleep and relationships)
- Domestic abuse support
- Money worries
- Housing support
- Special Educational Needs and/or Disabilities (SEND)

and much more



Find your local drop-in here



Shropshire Council

Shropshire Council

If you would like to find out about further help and support the Parenting Team offer please email

[Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk)  
or call us on 01743 250950

All our services are free of charge to Shropshire Council residents.

### UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

### PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm  
and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

**01743 250950**

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021



[www.shropshire.gov.uk](http://www.shropshire.gov.uk)



## Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face-to-face groups, our next groups start:

Understanding Your Child Group 29<sup>th</sup> April 2025 from 9.15am to 11.15am at Crowmoor Primary School, Shrewsbury  
 Understanding Your Child Group 30<sup>th</sup> April 2025 from 9.00am to 11.00am at Clee Hill Community Primary School  
 Understanding Your Child Group 30<sup>th</sup> April 2025 from 12.45pm to 2.45pm at Belvidere Primary School, Shrewsbury  
 Understanding Your Child Group 1<sup>st</sup> May 2025 from 09.30am to 11.30am at Highley Community Primary School  
 Understanding Your Child Group 1<sup>st</sup> May 2025 from 09.30am to 11.30am Virtually via MS Teams  
 Understanding Your Child Group 1<sup>st</sup> May 2025 from 1.00pm to 3.00pm at St Lucia CofE Primary School, Upton Magna  
 Understanding Your Child SEND Group 2<sup>nd</sup> May 2025 from 09.30am to 11.30am Virtually via MS Teams  
 Understanding Your Child Group 2<sup>nd</sup> May 2025 from 1.15pm to 3.15pm at Christ Church CofE Primary School, Cressage

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email  
[Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk)  
 or call 01743 250950

Find more free online courses at:  
[inourplace.co.uk/shropshire](http://inourplace.co.uk/shropshire)



## Does your child struggle with their Sleep?

### Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups which run for 5 weeks and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Our next groups start:

**Sleep Tight SEND Monday 9<sup>th</sup> June 2025 from 12.45pm to 2.45pm**

**Virtually via MS Teams**

or

**Sleep Tight Monday 16<sup>th</sup> June 2025 from 9.15am to 11.15am**

**Virtually via MS Teams**

*SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.*

To book a place email [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call 01743 250950

Find out  
more here



## Shropshire Parenting Help and Support Line

**01743 250950**

**Mon - Thurs, 9.30am - 4.30pm**

**Fri, 9.30am - 3.30pm**

*No judgment, just support.*



**EVERY WEDS 12 - 2pm**

Calling all parents and those caring for someone with a Hidden Difference to join us for a well earned **ALL WELCOME** with or without children

**KIDS RULE**

**COFFEE BREAK**

**CHURCH STRETTON**

IN PARTNERSHIP WITH

**empathy**  
for special children

[www.empathyforspecialchildren.org](http://www.empathyforspecialchildren.org)

£4 / Child  
£2 / Sibling



All parents and those caring for someone with a Hidden Difference are invited to join us for a well earned

**SECRET HILLS  
DISCOVERY  
CENTRE,  
CRAVEN  
ARMS**

**COFFEE  
BREAK**

**EVERY THURSDAY**

*Relaxed and informal.*

**ALL WELCOME**

*wherever you find yourselves  
on the journey*

[www.empathyforspecialchildren.org](http://www.empathyforspecialchildren.org)



**Dear parent/guardian**

**Re: Chicken Pox**

This letter is to provide you with information on Chicken Pox.

**What is Chickenpox?**

Chickenpox is a common infection that spreads easily. It most often affects children

**Signs of Chickenpox:**

For most people, chickenpox is a mild illness, the main symptoms include:

An itchy spotty rash, and fever, runny nose, cough and generally feeling unwell.

The rash starts as small spots which can occur anywhere on the body, then becomes fluid-containing blisters (vesicles), that then scab over.

**How is Chickenpox spread?**

Chickenpox is spread through droplets when an infectious person coughs or sneezes, through direct contact with things that have fluid from the blisters on them.

The incubation period (time from becoming infected to when symptoms first appear) is between 1 to 3 weeks. The virus is present at the back of the nose and throat in the first few days and in the fluid of the blisters before they dry up. A person with chickenpox is infectious from 2 days before the rash appears until the blisters are dry and form scabs.

If you have chickenpox, you will need to stay off school, nursery or work until all the spots have formed a scab. This is usually 5 days after the spots first appeared.

**Who is at Risk?**

People who are pregnant

Newborn babies

People with a weakened immune system

These individuals should seek medical advice as soon as they have contact with someone suspected to have chickenpox.

**Self-Care and Chicken Pox**

There are things someone can do to treat chickenpox at home without needing to see a GP.

**Do**

drink plenty of fluids (try ice lollies if your child is not drinking)

take paracetamol to help with any pain and discomfort

cut their child's fingernails and put socks on their hands at night to stop them scratching

use cooling creams or gels from a pharmacy like calamine lotion

speak to a pharmacist about using antihistamine medicine to help itching

bathe in cool water and pat the skin dry (do not rub)

dress in loose clothes

**Don't**

do not use ibuprofen unless told to by a doctor, as it may cause serious skin infections

do not give aspirin to children under 16 years

do not scratch the spots, as scratching can cause scarring

Do not go near newborn babies or anyone who's pregnant or has a weakened immune system, as chickenpox can be dangerous for them.

**Complications:**

Children who have had chickenpox recently may develop complications if they also catch scarlet fever (group A streptococcal infection). Parents/guardians should remain vigilant for the following symptoms in children who have had chickenpox:

persistent high temperature

skin around chickenpox blisters becoming red, hot or painful (signs of infection)

joint pain and swelling and/or symptoms not improving or getting worse

If you are concerned about the symptoms above, please seek medical advice as soon as possible.

For more information, visit:

Chickenpox: <https://www.nhs.uk/Conditions/Chickenpox/>