



Friday 17th April 2026

If you miss a newsletter, you can find them all on the school [website](#)



Welcome back! We hope you are all fully rested and ready to start a very busy term. There are lots of trips planned this term, please keep an eye on the calendar below and complete requested permission forms asap.

As it gets sunnier (hopefully warmer), please ensure your child has a sun hat and additional sunscreen with them in school at all times. On hot days, please ensure your child is applied with sunscreen before the start of the school day.

George F's Fundraiser


The organisers of the fundraiser would like to say a big thank you to everyone who attended, donated items and a special thanks to the creators of the sweet jars for the very successful tombola. The event raised over £2800 to help fund costs associated with George's care.



Afterschool Clubs start back up next week. Please email the school office if you would like your child to join any and you haven't already done so using the online form.

Cookery Club is now fully booked. Childcare places are still available in Late Birds. Those doing Cookery Club need to pay the additional £2.00 in cash, every week, to pay towards ingredient costs.

Reminder: Arriving at school - from Y1, children are expected to enter school independently. Parents should make a swift goodbye at the small wooden gate. This helps a child to develop confidence and reduces the risk of future anxieties from developing.

Reminder: Please keep  School Money accounts in credit.

Class 1 Forest School The children in Forest School this week enjoyed the lovely story of 'Peely Wally' read to them by Mrs Gledhill. Mrs Gledhill is a school governor and has been volunteering at Clunbury for a number of years now. We would like to take this opportunity to thank her for all that she does for Clunbury and the federation.



School Jumpers Please can everyone check labels and send back to school any jumpers that have come home by mistake.

20.04.26 Dinner menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
am		Open the Book			Whole School PE
pm				C1 Forest School	Whole School Music
Club	Art	Craft/Hot Choc	Cookery	Movie/Goblin	Sports

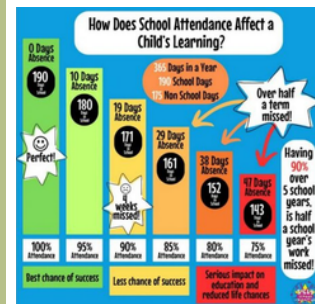
DON'T FORGET ... Everyday things to remember:

- waterproof coat
- sun hat
- sunscreen
- water bottle
- bookbag, reading book & reading record
- spellings/timestables

ATTENDANCE matters

Attendance since start of the Autumn Term 2025:

Whole school - 94.7%
Early Years & KS1 - 97.5%
KS2 - 92.6%



ParentGUIDES

This fortnight's issue guide features: **INFLUENCERS**

FRIENDSgroup

The Friends of Clunbury School are an amazing group of parents and carers who raise much needed funds for our school. The money raised is spent on equipment and activities that enrich school life.



FREEschoolMEALS

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at: **Free School Meals**



The Clunbury Vision
'Teach children how they should live, and they will remember it all their lives.'
Proverbs 22:6 The Good News Bible

Our Values

Trust and Truth, Joy and Happiness, Love and Respect, Thankfulness, Friendship and Family, Perseverance and Resilience



DIARYdates ... Due to unforeseen circumstances, dates may change from time to time.

Wednesday 29 th April	Church Stretton Netball	Mon 11 th - Fri 15 th May	SATs week
Friday 1 st May	Y4 Music trip - TBC	Wednesday 20 th May	C2 Discovery Centre trip
Monday 4 th May	May Day Bank Holiday	Thursday 21 st May	CCBC Goblin Car Trials
Wednesday 6 th May	Ludlow Rugby	Mon 25 th - Fri 29 th May	Half term

MentalHealthWELLBEING:

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

SAMARITANS

ChildLine
0800 1111



All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headteacher and Ofsted Inspector, Dr Keefe's experience and expertise gives him a first insight into how modern digital systems impact the experience of children, staff and parents – and what strategies help to ensure that the online world remains a safe & educational tool rather than a minefield of risks.



Summer Term 2026 School Dinner Menu

Week 3 menu commencing: Monday 13th April 2026

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main	Meatballs in Italian sauce	Beef burger	Roast chicken with stuffing	Breaded chicken with sweet & sour sauce	Star fishcakes
	Veg	Mashed potatoes, peas & sweetcorn	Wedges & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Chocolate shortbread	Vanilla iced sponge	Shortbread with fruits of the forest compote	Lemon & lime drizzle	Coconut & cherry flapjack
2	Main	Beef pasta bake	Sausage roll	Roast beef & Yorkshires	Chicken curry	Cheese & tomato pizza
	Veg	Peas & sweetcorn	Wedges & farmhouse veg	Mashed potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Fudge crunch	Chocolate iced sponge	Strawberry jelly	Sticky, toffee pudding	Carrot & orange cake
3	Main	Sticky BBQ chicken goujons	Sausages & gravy	Roast chicken & stuffing	Meatballs in tomato sauce	Salmon Fishcake
	Veg	Diced crispy potatoes	Mashed potatoes & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Vanilla crunch	Cornflake crunchie	Blueberry shortbread	Toffee apple flapjack	Chocolate malt brownie

Help raise money for school when you're shopping, it's so easy ...

MY SCHOOL FUND

In association with

Sainsbury's Argos ESPO

Over **£800k** raised for schools and parents so far!

Raise FREE donations for

Friends of Clunbury School

every time you shop online

Search for us on: easyfundraising.org.uk

8,000+ online retailers will give us a free donation when you shop with them at no extra cost to you

Download the easyfundraising App

GET IT ON Google Play

Download on the App Store

Excellent 3,945 reviews on Trustpilot



YOUTH & MINI RUGBY

10.30 to Midday every Sunday
Sundays from 8th September

Just £60 per child for the whole season

Plus Wednesday evening
TOUCH RUGBY
Under 15's - 6.30 to 8pm
7pm to 8pm For open age
from 12 years old touch rugby

Food provided after each Sunday session

Contact Club Secretary, Kelly Nicklin:

secretary@ludlowrfc.co.uk

to book in for a taster session or for more information

RECRUITING NOW!



SPECIAL OFFER!

1 MONTH OF CLASSES

- + FREE Taster Class
- + FREE Uniform
- + FREE Membership
- + Family Discounts

JUST £32

For more information please visit:
freestylemartialarts.com/bishopscastle



BISHOPS CASTLE
SUNDAY 10.00am to 10.45am
Bishops Castle Leisure Centre
Bishops Castle
Shropshire
SY9 5AY

CONTACT US
07599 978387
bishopscastle@freestylemartialarts.com
facebook.com/fmbishopscastle
Chief Instructor
Steve Luke (3rd Dan)

Join anytime and get unlimited access to all beginner classes every week for ONE MONTH, including school holiday times. Offer includes an official uniform and belt. Family discounts available. Free taster class available before joining. New students only. Terms and conditions apply.



Soccer Schools

with Shrewsbury Town FC



Train like a pro!

Led by a team of experienced coaches and backed by the only professional football club in Shropshire, Shrewsbury Town F.C.'s Soccer Schools are the perfect place for any young footballer to develop their skills, make new friends, and stay active over the holidays.



Find out more
Scan the QR Code or visit:
bit.ly/3ZqUIKT

FITNESS BEE TRAINING



Fitness Classes For Adults

- All Ages & Abilities Welcome
- Fundamental Movements
- Fun Classes & Funky Beats!
- Supportive Environment
- Lead by an Experienced Trainer
- Resistance Training & Cardio



Do Your Health a Favour!

New Start Date!

Churchstoke Community Centre

Wednesday 29th April, 2026

10:15 - 11:00am

£30 for 4 weeks

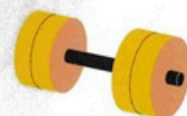
£9 drop-in

Contact Deb to book your place!



fitnessbeetraining@gmail.com

07908 557782



FAMILY BOARD GAME CLUB

At Bishop's Castle Library
Every Friday afternoon 3.30pm - 5pm

Come along and choose from our selection of board games!
Challenge your friends and family!

Games & refreshments provided!

Everyone welcome
Free to attend!

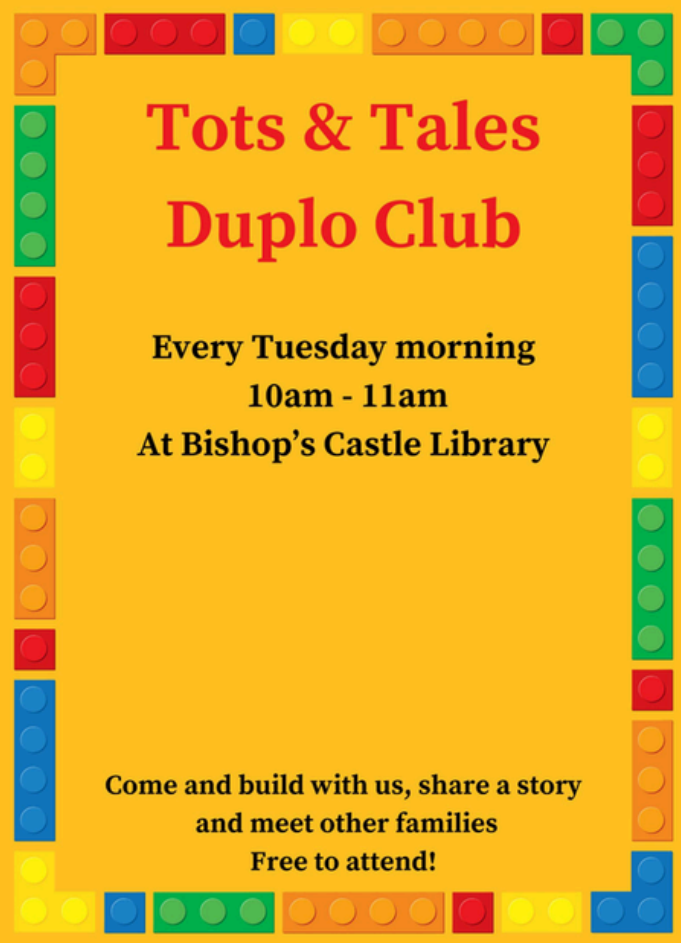
Children must be accompanied by an adult!



Tots & Tales Duplo Club

Every Tuesday morning
10am - 11am
At Bishop's Castle Library

Come and build with us, share a story and meet other families
Free to attend!



Song Time with Sophie

MUSICAL NURSERY RHYMES AND STORIES FOR BABIES AND TODDLERS

EVERY WEDNESDAY AT 9.15AM AND 10.30AM

CLUN MEMORIAL HALL

£3 PER CHILD



SUZUKI PIANO LESSONS

Clunbury, Shropshire

Contact: abi.gill@gmail.com
07973 662 990

Individual piano lessons for children beginning at age 3-6yrs. Learning includes frequent small group opportunities, bringing students together for performance and musicianship activities.

The Suzuki Method teaches instrumental playing through attentive listening to playful demonstration. Through the primary focus on music-listening, children are encouraged to develop musical sensitivity and to play with beautiful tone from the very beginning. Music reading and theory are added to children's learning at a later stage. This mirrors how children develop language skills and allows them to begin learning from a young age.

Suzuki teachers believe that every child has musical ability, and seek to develop this within a partnership between the child, the teacher and a parent. In nurturing musical ability in their child, families enrich the whole of their lives.

For further information:
www.britishsuzuki.org.uk





Protect our children!

Parents and guardians: Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to www.westmercia.police.uk/exploitworkshops



Worried about your child's health?

Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

SPRING TERM SEND MEET & CHAT FAMILY DROP-IN

Hosted by Shropshire Early Help

Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health
- Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.

LUDLOW - HELENA LANE COMMUNITY CENTRE

Tuesday 20th January 2026
12:30pm-14:30pm

Helena Lane Community Centre, 20 Hamlet Rd, Ludlow, SY8 2NP

SHREWSBURY THE LANTERN

Thursday 19th February 2026
10:00am-12:00pm

The Lantern, Meadow Farm drive, Shrewsbury, SY1 4NG

MARKET DRAYTON RAVEN HOUSE

Tuesday 24th March 2026
13:00pm-15:00pm

Raven House, 129 Chesire Street, Market Drayton TF9 3AH

HAVE YOUR SAY!
Scan the QR code to suggest topics and activities for future drop-in sessions.

20 is plenty!

Children who read for 20 minutes a day will...

Improve focus and concentration

Develop a love for learning

Be exposed to **1.8 million words a year**

Learn how to develop empathy

Have a world of imagination and creativity opened to them

Have stronger writing skills

Have a broad vocabulary

Improve test results

Improve critical thinking skills

Improve and strengthen memory

Have better general knowledge

Improve communication skills

Have reduced stress levels

Understanding Your Child

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 12.45–2.45pm – Belvidere Primary School, Shrewsbury (SY2 5YB)
- 13th April 2026 - 1.00–3.00pm – Ludlow Primary School (SY8 1HG)
- 15th April 2026 - 9.30–11.30am – Pontesbury Primary School (SY5 0TF)
- 15th April 2026 - 1.00–3.00pm – Wilfred Owen School, Shrewsbury (SY2 5SH)
- 15th April 2026 - 5.00–7.00pm – Online via MS Teams

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



Understanding Your Child with SEND

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 10.00am–12.00pm – Online via MS Teams
- 16th April 2026 - 1.00pm–3.00pm – St Lucia's School, Upton Magna (SY4 4TZ)
- 17th April 2026 - 9.30am–11.30am – Whittington Primary School, (SY11 4DA)

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Sleep Tight Universal Group 24th April 2026 from 10.00am to 12.00pm
Virtually Via MS Teams

Sleep Tight SEND Group 12th June 2026 from 10.00am to 12.00pm
at The Keystone Academy, Squinter Pip Way, Shrewsbury, SY3 8XQ

The groups run for 5 weeks excluding the school holidays and bank holidays.

Groups with SEND are suitable for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950

Find out more here



Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm
Fri, 9.30am - 3.30pm

No judgment, just support. For **all** Shropshire families, including those whose children have special educational needs and/or disabilities (SEND)

