Clunbury CE Primary School and rural nursery



NEWSLETTER







Shropshire Star Memories Reception 2024 - Tuesday 15th October



Please telephone and speak to a member of staff about any daily routine changes. The school office is not open everyday and the email is not constantly monitored. Thank you.

Warm Layers

Now that the weather is turning colder ... please can children come to school



everyday with a warm, waterproof coat. On Fridays, extra layers for PE are a must, as the children go outside in all weathers.

School Money accounts must be kept in CREDIT. Failure to do so will result in a freeze on clubs and dinners.









Nursery Closed -Tuesday 26th November

No after school clubs on

Wednesday 4th December

No afterschool clubs last week of term: Monday 16th December -Friday 20th December

What's happening this week				Dinner Menu: week 1		Dinner Menu: week 2					
14.10.24	Monday	Tuesday	Wednesday	Thursday	Friday	21.10.24	Monday	Tuesday	Wednesday	Thursday	Friday Break the Rules Day
АМ	Parents	ents C1 F	C1 Hygiene workshop	Whole School						-	
	Day			worksnop	music	AM					Whole School music
PM				C3 Swimming Class 1 Forest School	Whole School PE	PM				C3 Swimming Class 1 Forest School	Whole School PE
Clubs 3.30- 4.30/5	Art	Craft	STEM	Netball	Rugby	Clubs 3.30- 4.30/5	Art	Craft	STEM	Netball	Rugby

Dates for your Diary ...

Monday 14th October Thursday 17th October Friday 25th October Mon 28th Oct - Fri 1st Nov Monday 4th November Wednesday 6th November Tuesday 12th November Parents Day/Evening Class 1 School Nurse workshop Break the Rules Day Half Term PD Day Live music at Bucknell Bog Eyed Jog Wednesday 13th November Friday 15th November Monday 18th November Tuesday 26th November Tuesday 26th November Wednesday 4th December Tuesday 10th December C2 Mr Egypt at Bucknell Children in Need C3 Shrewsbury Prison C1 Chester Zoo Nursery closed Panto at Theatre Severn Christmas Craft Fayre

BE TECH SAVVY. This fortnight's

Guide features:

PROTECT

- see following pages

For more information and advise please visit:

https://www.nspcc.org.uk/ keeping-children-safe/onlinesafety/ or www.ceop.police.uk

NSPCC



Mental Health & Wellbeing

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

Childline 0800 1111
ONLINE, ON THE PHONE, ANYTIME

SAMARITANS

116 123

mind 0300 123 3393

Friends of Clunbury School

There are 2 very useful Facebook pages for parents to follow:

- Clunbury School parents page
- Friends of Clunbury CE Primary School
 We would like donations of prizes for the Christmas
 Bingo. Confectionary, food and drink, toys and gifts would all be very much appreciated.

Something from every family would be amazing! Thank you in advance.

The Clunbury Vision

Teach children how they should live, and they will

remember it all their lives.' Proverbs 22:6 The Good News Bible

Our Values

Trust & Truth, Joy & Happiness, Love & Respect, Thankfulness, Friendship & Family, Perseverance & Resilience



Due to unforeseen circumstances, dates may change from time to time.



BE TECH SAVVY...

Helpful guides to keep your children safe online



Protect our children!

Parents and guardians: Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to www.westmercia.police.uk/exploitworkshops







Autumn Term 2024 School Dinner Menu

Week 1 menu week commencing: Monday 2nd September 2024 Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's

school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

			Monday	Tuesday	Wednesday	Thursday	Friday
Week1		Main	Meatballs in Tomato Sauce	Sausage Roll	Roast Chicken with Stuffing	Beef Chilli	Chicken Fillet
	T NOOA	Veg	Mash, peas and sweetcorn	Wedges and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorm and green beans	Chips, peas and baked beans
		Pudding	Chocolate Cookie	Iced Sponge	Fudge Crunch	Mango Shortbread	Banana Flapjack
		Main	Beef Bolognese	Sausages & Gravy	Roast Chicken with Stuffing	Italian Chicken Meatballs	Cheese and Tomato Pizza
Week2	veekz	Veg	Pasta, peas and sweetcorn	Mash and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorn and beans	Chips, peas and baked beans
	1	Pudding	Sticky Toffee Pudding	Iced Chocolate Sponge	Vanilla ice cream and peaches	Fruity jelly	Chocolate Malt Brownie
Week3		Main	Ham and Cheese Bake	Breaded Chicken Fillet	Roast Beef and Yorkshires	Pork Sweet & Sour	Sausages
	Week 3	Veg	Pasta, peas and sweetcorn	Wedges and mixed veg	Roast potatoes, broccoli, carrots and gravy	Rice, sweetcorn and green beans	Chips, peas and baked beans
		Pudding	Cherry Chocolate Crunch	Iced Lemon Sponge	Vanilla Crunch	Apple and Cinnamon Flapjack	Carrot and Orange Cake



In association with

Sainsbury's Argos







We're part of the My School Fund initiative.

Together we can boost our school's budget, plus your own!

Visit myschoolfund.org today!











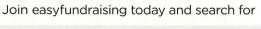






Help raise free funds for our school

every time you shop online



Friends of Clunbury School

Thousands of well-known retailers will give us a free donation when you shop with them - at no cost to you!

Shop at over 4,100 online stores

M&S











Viking

WAITROSE



Debenhams Waterstones

Download the app













St John's



YOUTH GROUP

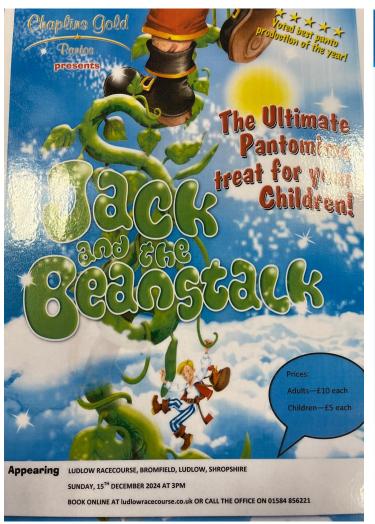


Every Friday during term time 3.30-5pm



board games, activities, pizza, cocoa, crafts & lots more!







If you would like to find out about further help and support the Parenting Team offer please email

Parenting.team@shropshire.gov.uk
or call us on 01743 250950
All our services are free of charge to
Shropshire Council residents.



PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021





Does your child struggle with their sleep?

Free Sleep Tight Workshops

Join us on one of our virtual or face-to-face workshops and:

- . Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- · Meet other parents/carers to share and discuss experiences

Our next Workshops start:

Sleep Tight on Thursday 19th September 2024 from 12.45pm to 2.45pm Virtually via MS Teams

Sleep Tight SEND Friday 20th September 2024 from 9.30am to 11.30am at Wilfred Owen School, Shrewsbury, SY2 5SH

Sleep Tight SEND on Thursday 7th November 2024 from 12.45pm to 2.45pm Virtually via MS Teams

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950



Baby on the way?

Feel confident with our Family Foundations group

Is this your first baby together? Find out how Family Foundations could benefit your family, through one of our free, online, info sessions. Sessions will last 45 minutes with time for questions afterwards.

- Wed 6 Nov 2024, 5pm
- Mon 9 Dec 2024, 1pm
- Mon 11 Nov 2024, 1pm
- Fri 13 Dec 2024, 9.30am
- Wed 13 Nov 2024, 9.30am
- Wed 18 Dec 2024, 5pm

Email parenting.team@shropshire.gov.uk to book



Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm Fri, 9.30am - 3.30pm

No judgment, just support.





