	Blue Hills Federation
	Superstars Award
1.	Make your own healthy packed lunch for a school trip
2.	Learn and recite a poem to the class
3.	Name the countries and the capital cities of the UK
4.	Make a mask linked to a story from a paper plate
5.	Peel a potato
6.	Know number bonds to 10 and 20
7.	Learn the 2, 5 and 10 times tables
8.	Throw and catch a ball 10 times
9.	Complete 20 skips with a rope
10.	Take a photo of something interesting
11.	Paint a rock
12.	Make a model out of recyclable materials
13.	Balance on each foot for 10 seconds
14.	Make a bug hotel or hedgehog home
15.	Help around the home, for example, lay the table, empty the dishwasher, tidy your room. Continue with this activity every week for a month