



KS2 Netball Tournament: On Wednesday, I once again had the privilege of taking our netball team to Church Stretton for the South Shropshire Finals after our dominant qualification last month (winning every game without conceding a single goal). We knew we would have much stiffer competition this time around as Ludlow would be there, who we've failed to beat in our numerous previous meetings already this year in the Monday night league. On our last visit we had hail and furious rain to deal with, this time we were lucky with bright sunshine, but the same strong winds were present which was going to make scoring too many goals difficult.

We started strongly beating St Laurence's Ludlow A 8:2 with four goals from Charlie backed-up by Annabelle and Emma grabbing two each.

Next, it was an extremely competitive game against Corvedale (last year's county champions) which ended in a 3:3 draw. This was a game of missed opportunities in the first half where we should've been out of sight but just couldn't score. Luckily Ava bagged one in the second half and Charlie got another two.

We then managed to ease past Stokesay 4:0 (a hat-trick from Emma and a goal for Josie) before the Ludlow match.

It was a strong start against Ludlow with the team linking up well but despite numerous attempts on goal we just couldn't score. Then bam. Ludlow scored twice in the matter of seconds from their only two chances in the first half. Fortunately for us, this woke Annabelle up who slotted herself two goals in to make it 2:2 at half time. The second half became more and more scrappy with Ludlow missing chances to re-take the lead. Then with not long left on the clock, the ball made it to Ross who managed to score his only goal of the day, but the most important one for the team. A 3:2 victory against Ludlow!

Giddy with excitement because of the prospect of qualifying for the county finals, the team needed a little bit of re-focusing for the final game against St Laurence's Ludlow's B team. Luckily for us though, Josie and Koa got a goal each and we won that one 2:0.

So, after eight matches over two afternoons, we had won 7 games and drew one. The reward was a nice shiny medal for each of the players and a place at the county finals representing South Shropshire in a couple of weeks' time. Not bad at all!



Mr Griffiths

04.05.26 Dinner menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
am	Bank Holiday		KS2 Rugby		Whole School PE
pm	Bank Holiday			C1 Forest School	Whole School Music
Club	Bank Holiday	Craft/Hot Choc	Cookery	Movie/Goblin	Sports

DIARYdates ... Due to unforeseen circumstances, dates may change from time to time.



Monday 4 th May	May Day Bank Holiday	Friday 22 nd May	Rainbow Day
Wednesday 6 th May	Ludlow Rugby	Mon 25 th - Fri 29 th May	Half term
Mon 11 th - Fri 15 th May	SATs week	Thursday 4 th June	Y6 Goblin Car Curborough
Wednesday 20 th May	C2 Discovery Centre trip	Monday 8 th June	Y6 Kooth Assembly
Thursday 21 st May	Y6 CCBC Goblin Car Trials	Wednesday 10 th June	Shropshire Sings

Mental Health WELLBEING:

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:



Mindful of Cyclists

The School Council  have asked us to remind parents that some children cycle to school and to keep a look out for them on the narrow country lanes. 

Reminder: it's a Bank Holiday on Monday. Therefore school is closed!



Children are invited to come to school dressed in non uniform rainbow colours. (P.E. suitable)

In return for non uniform we ask for each child to bring in one or two items in their allocated class colours.

All items will be used to make up rainbow hampers for the sports day raffle!

- Nursery & Class 1 Green, Yellow & Pink
 - Class 2 Orange & Blue
 - Class 3 Red & Purple
- Wear any colours!*

Examples: confectionary, drinks, toiletries, savoury foods, toys, stationary, gifts, household items, etc.
Please no use by dates before August 2026.

School Jumpers Please can everyone check labels and send back to school any jumpers that have come home by mistake.

DON'T FORGET ...

Everyday things to remember:

- waterproof coat
- sun hat
- sunscreen
- water bottle

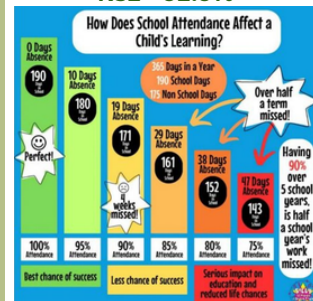


Cookery Club members: £2 cash per week for ingredients please

ATTENDANCE matters

Attendance since start of the Autumn Term 2025:

Whole school - 94.9%
Early Years & KS1 - 97.6%
KS2 - 92.9%



ParentGUIDES

This fortnight's issue guide features:

VIOLENCE

FRIENDSgroup

The Friends of Clunbury School are an amazing group of parents and carers who raise much needed funds for our school. The money raised is spent on equipment and activities that enrich school life.

FREEschoolMEALS

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at: **Free School Meals**



The Clunbury Vision
'Teach children how they should live, and they will remember it all their lives.'
Proverbs 22:6 The Good News Bible

Our Values
Trust and Truth, Joy and Happiness, Love and Respect, Thankfulness, Friendship and Family, Perseverance and Resilience

— Diocese of Hereford —
Preaching Christ • Growing Disciples

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD Investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



The National College

See full reference list on our website

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2026



Summer Term 2026 School Dinner Menu

Week 3 menu commencing: Monday 13th April 2026

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main	Meatballs in Italian sauce	Beef burger	Roast chicken with stuffing	Breaded chicken with sweet & sour sauce	Star fishcakes
	Veg	Mashed potatoes, peas & sweetcorn	Wedges & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Chocolate shortbread	Vanilla iced sponge	Shortbread with fruits of the forest compote	Lemon & lime drizzle	Coconut & cherry flapjack
2	Main	Beef pasta bake	Sausage roll	Roast beef & Yorkshires	Chicken curry	Cheese & tomato pizza
	Veg	Peas & sweetcorn	Wedges & farmhouse veg	Mashed potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Fudge crunch	Chocolate iced sponge	Strawberry jelly	Sticky, toffee pudding	Carrot & orange cake
3	Main	Sticky BBQ chicken goujons	Sausages & gravy	Roast chicken & stuffing	Meatballs in tomato sauce	Salmon Fishcake
	Veg	Diced crispy potatoes	Mashed potatoes & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Vanilla crunch	Cornflake crunchie	Blueberry shortbread	Toffee apple flapjack	Chocolate malt brownie

Help raise money for school when you're shopping, it's so easy ...



In association with



Over
£800k

raised for schools
and parents so far!

easyfundraising

Raise **FREE** donations for
Friends of Clunbury School

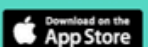
every time you shop online

Search for us on: easyfundraising.org.uk

8,000+ online retailers will give us a free donation
when you shop with them at no extra cost to you



Download the
easyfundraising App



Excellent
3,945 reviews on Trustpilot

Big Dreams. Bigger Pumpkins.

GOLDA ROSHEUVEL **NICK FROST**

GROW

PLUS SEED BANK, PLANT SALE AND GOING WILD TO HELP US WITH OUR GROWING

Saturday 9 May 3pm Adult £8 Child/Student £4.50 Family £22

To Book: www.sparcetheatre.co.uk - 01588 638038

SpArC Theatre Brampton Rd Bishops Castle SY9 5AY

ONE TENTH HUMAN IN ASSOCIATION WITH THE DUKES LANCASTER PRESENT

SO UNFAIR

FOR YOUNG ENGINEERS AGES 7+

"RIVETING, FUNNY AND THOUGHTFUL" The Guardian, on Arthur

"REALLY GREAT CHILDREN'S THEATRE" Exeunt, on We're Stuck

Sat 30th May, 11am
SpArC Theatre, Bishops Castle, SpArC Theatre, SY9 5AY
Tickets: Adults £10, Child £7.50, Family £35
www.artsalive.co.uk
01588 638038

the Dukes The Shears Foundation Westminster Foundation Engineering Lancaster University afbe Z arts

Arbor Day

Aston on Clun

1pm – Sun.31st May 2026

1pm at The Arbor Tree For The Blessing & Music

Stalls, Entertainment Family Friendly & More

Village Fete & Dog Show

Updates and more info on arbordayaoc@gmail.com www.aoc-arbortree.net

Calling all Children....

One of our competitions this year is for best fancy dress for Under 12's based on Best Historical Character!

Judging will be on the day with winner announced at The Village Hall at 3pm.

Bishops Castle Cricket Club

BISHOPS CASTLE CRICKET CLUB

JUNIOR CRICKET PROGRAMME 2026

Fun, fast & social game suitable for all abilities

STARTS MONDAY 11TH MAY (9 WEEKS) AT BCCC - THE MANOR GROUND (SY9 5HA)

Reception-Year 3 - 5:15-6:00pm
Year 4-Year 11 - 6:00-7:00pm

To register your child contact Caitlin Moulder
Whatsapp / Text / Phone - 07983460877
Email - caitlinperry@hotmail.co.uk

ECB QUALIFIED COACHES WITH DBS AND FIRST AID

Junior Membership £50 (Additional discounts for siblings)

BCASTLECRICKET

ECB

f Instagram X



YOUTH & MINI RUGBY

10.30 to Midday every Sunday
Sundays from 8th September

Just £60 per child for the whole season

Plus Wednesday evening
TOUCH RUGBY
Under 15's - 6.30 to 8pm
7pm to 8pm For open age
from 12 years old touch rugby

Food provided after each Sunday session

Contact Club Secretary, Kelly Nicklin:

secretary@ludlowrfc.co.uk

to book in for a taster session or for more information

RECRUITING NOW!



SPECIAL OFFER!

1 MONTH OF CLASSES

- + FREE Taster Class
- + FREE Uniform
- + FREE Membership
- + Family Discounts

JUST £32

For more information please visit:
freestylemartialarts.com/bishopscastle



BISHOPS CASTLE
SUNDAY 10.00am to 10.45am
Bishops Castle Leisure Centre
Bishops Castle
Shropshire
SY9 5AY

CONTACT US
07599 978387
bishopscastle@freestylemartialarts.com
[facebook.com/fmabishopscastle](https://www.facebook.com/fmabishopscastle)
Chief Instructor
Steve Luke (3rd Dan)

Join anytime and get unlimited access to all beginner classes every week for ONE MONTH, (including school holiday time). Offer includes an official uniform and belt. Family discounts available. Free taster class available before joining. New students only. Terms and conditions apply.



Soccer Schools

with Shrewsbury Town FC



Train like a pro!

Led by a team of experienced coaches and backed by the only professional football club in Shropshire, Shrewsbury Town F.C.'s Soccer Schools are the perfect place for any young footballer to develop their skills, make new friends, and stay active over the holidays.



Find out more
Scan the QR Code
or visit:
bit.ly/3ZqUIKT

FITNESS BEE TRAINING



Fitness Classes For Adults

- All Ages & Abilities Welcome
- Fundamental Movements
- Fun Classes & Funky Beats!
- Supportive Environment
- Lead by an Experienced Trainer
- Resistance Training & Cardio



Do Your Health a Favour!

New Start Date!

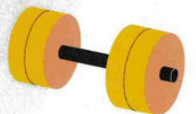
Churchstoke Community Centre

Wednesday 29th April, 2026

10:15 - 11:00am

£30 for 4 weeks

£9 drop-in



Contact Deb to book your place!



fitnessbeetraining@gmail.com

07908 557782



FAMILY BOARD GAME CLUB

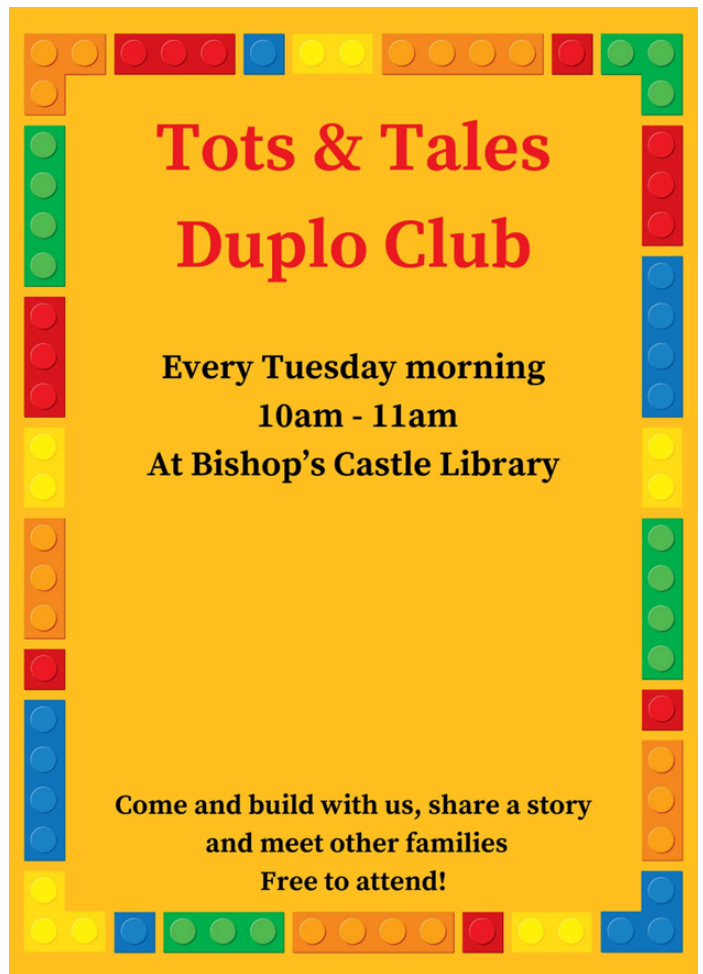
At Bishop's Castle Library
Every Friday afternoon 3.30pm - 5pm

Come along and choose from our selection of board games!
Challenge your friends and family!

Games & refreshments provided!

Everyone welcome
Free to attend!

Children must be accompanied by an adult!



Tots & Tales Duplo Club

Every Tuesday morning
10am - 11am
At Bishop's Castle Library

Come and build with us, share a story and meet other families
Free to attend!



Song Time with Sophie

MUSICAL NURSERY RHYMES AND STORIES FOR BABIES AND TODDLERS

EVERY WEDNESDAY AT 9.15AM AND 10.30AM

CLUN MEMORIAL HALL

£3 PER CHILD

SUZUKI PIANO LESSONS

Clunbury, Shropshire

Contact: abi.gill@gmail.com
07973 662 990

Individual piano lessons for children beginning at age 3-6yrs. Learning includes frequent small group opportunities, bringing students together for performance and musicianship activities.

The Suzuki Method teaches instrumental playing through attentive listening to playful demonstration. Through the primary focus on music-listening, children are encouraged to develop musical sensitivity and to play with beautiful tone from the very beginning. Music reading and theory are added to children's learning at a later stage. This mirrors how children develop language skills and allows them to begin learning from a young age.

Suzuki teachers believe that every child has musical ability, and seek to develop this within a partnership between the child, the teacher and a parent. In nurturing musical ability in their child, families enrich the whole of their lives.

For further information:
www.britishsuzuki.org.uk





Protect our children!

Parents and guardians: Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to www.westmercia.police.uk/exploitworkshops



Worried about your child's health?

Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

SPRING TERM SEND MEET & CHAT FAMILY DROP-IN

Hosted by Shropshire Early Help

Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health
- Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.

LUDLOW - HELENA LANE COMMUNITY CENTRE

Tuesday 20th January 2026
12:30pm-14:30pm

Helena Lane Community Centre, 20 Hamlet Rd, Ludlow, SY8 2NP

SHREWSBURY THE LANTERN

Thursday 19th February 2026
10:00am-12:00pm

The Lantern, Meadow Farm drive, Shrewsbury, SY1 4NG

MARKET DRAYTON RAVEN HOUSE

Tuesday 24th March 2026
13:00pm-15:00pm

Raven House, 129 Cheshire Street, Market Drayton TF9 3AH

HAVE YOUR SAY!
Scan the QR code to suggest topics and activities for future drop-in sessions.

20 is plenty!

Children who read for 20 minutes a day will...

Improve focus and concentration

Be exposed to **1.8 million words a year**

Develop a love for learning

Have a world of imagination and creativity opened to them

Learn how to develop empathy

Have stronger writing skills

Have a broad vocabulary

Improve test results

Improve critical thinking skills

Improve and strengthen memory

Have better general knowledge

Improve communication skills

Have reduced stress levels

Understanding Your Child

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 12.45–2.45pm – Belvedere Primary School, Shrewsbury (SY2 5YB)
- 13th April 2026 - 1.00–3.00pm – Ludlow Primary School (SY8 1HG)
- 15th April 2026 - 9.30–11.30am – Pontesbury Primary School (SY5 0TF)
- 15th April 2026 - 1.00–3.00pm – Wilfred Owen School, Shrewsbury (SY2 5SH)
- 15th April 2026 - 5.00–7.00pm – Online via MS Teams

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



Understanding Your Child with SEND

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 10.00am–12.00pm – Online via MS Teams
- 16th April 2026 - 1.00pm–3.00pm – St Lucia's School, Upton Magna (SY4 4TZ)
- 17th April 2026 - 9.30am–11.30am – Whittington Primary School, (SY11 4DA)

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Sleep Tight Universal Group 24th April 2026 from 10.00am to 12.00pm
Virtually Via MS Teams

Sleep Tight SEND Group 12th June 2026 from 10.00am to 12.00pm
at The Keystone Academy, Squinter Pip Way, Shrewsbury, SY3 8XQ

The groups run for 5 weeks excluding the school holidays and bank holidays. Groups with SEND are suitable for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950

Find out more here



Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm
Fri, 9.30am - 3.30pm

No judgment, just support. For **all** Shropshire families, including those whose children have special educational needs and/or disabilities (SEND)

