

Clunbury CE Primary School and rural nursery



Blue Hills
Federation

NEWSLETTER

26.09.25



IF YOU MISS A NEWSLETTER, YOU CAN FIND THEM ALL ON THE SCHOOL WEBSITE

Class 1 enjoying Forest School this week



Macmillan - donations of cakes and bakes for Wednesday's teas and coffees afternoon please ...Thank you in advance!

Afterschool Clubs: Here's Tuesday's Craft Club showing us their wonderful Hedgehog creations ... there are still places available in afterschool clubs, just email the school office to join:
adminclunbury@bhf.shropshire.sch.uk



Breakfast Club - physical breakfast is only available for those children who come before 8:15am so that there is sufficient time for breakfast to be prepared and eaten before returning to class at 8:35am.

School Office - please can we remind you that the School Office is closed on Mondays and admin emails are not picked up. Therefore, please email your class teacher directly if you have a daily routine change.

Harvest Service on Wednesday 8th October at 1.30pm in Clunbury Church. Followed by teas and coffees served by Year 6 in aid of Macmillan, back at school.



**MACMILLAN
CANCER SUPPORT**



ALL absences MUST be reported to the school office via email or text. This enables a paper trail which is required for recording purposes.

REMINDER: please complete all online forms asap - Home School Agreement, AUP and Permissions/Consents ... Thank you to those who have already done so.



Term Date Reminders ...

- Harvest Service Wednesday 8th October 1.30pm
- **NURSERY CLOSED** on Thursday 4th December



Please can all SM accounts be kept in credit



What's happening this week ...

Dinner Menu: week 2

29.09.25	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Y6 Arthog	Y6 Arthog Open the Book	Y6 Arthog		
PM				C2 & C3 swimming	Whole school music/PE
Clubs 3.30-4.30/5	Art	Craft	STEM	Netball	Sports

Dinner Menu: week 3

06.10.25	Monday	Tuesday	Wednesday	Thursday	Friday
AM					
PM			Harvest Service Macmillan	C2 & C3 swimming	Whole school music/PE
Clubs 3.30-4.30/5	Art	Craft	STEM	Netball	Sports

Dates for your Diary ...

Mon 29th Sept - Wed 1st Oct
Wednesday 8th October

Mon 27th - Fri 31st October
Monday 3rd November

Y6 Arthog
Harvest Service followed by Macmillan Half Term PD Day

Thursday 4th December
Thursday 4th December
Wednesday 10th December
Thursday 18th December

Due to unforeseen circumstances, dates may change from time to time.

Nursery Closed
Panto
Christmas Dinner
Christmas Performance

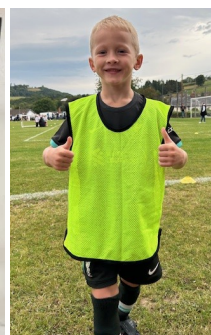
After School Achievements

Congratulations Evie for gaining her level 3 Swimming Award.

Natalie at GKY - returned to her acrobatics class and came home with a smile on her face by getting "dancer of the week". She has mastered her cartwheels and working hard on her hand stands.



Oliver played his first football tournament for Bishops castle football U8's on a Sunday morning in Llanfair Caereinion. He played 7 games, won 5, lost 1 and drew 1. He loved every minute of it and finished off with a big smile on his face.



School Attendance - since start of Autumn Term

Early Years & KS1: 99.1%
KS2: 95.0%



PARENT ZONE ... This fortnight's Guide features:

FOOD REFORM

- see following page



Mental Health & Wellbeing

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

childline 0800 1111
ONLINE, ON THE PHONE, ANYTIME

SAMARITANS 116 123

Mind 0300 123 3393

Friends of Clunbury School



There are 2 very useful Facebook pages for parents to follow:

- Clunbury School parents page
- Friends of Clunbury CE Primary School

Free School Meals

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at:

Shropshire Free School Meals

The Clunbury Vision

'Teach children how they should live, and they will remember it all their lives.'

Proverbs 22:6 The Good News Bible

Our Values

Trust & Truth, Joy & Happiness,
Love & Respect, Thankfulness,
Friendship & Family,
Perseverance & Resilience





For more information and advice please visit:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/> or
www.ceop.police.uk

NSPCC  CLICK CEOP
Internet Safety

PARENT ZONE ...

Helpful guides to keep your children safe online and at home

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

Top Tips for Nurseries on Understanding EYFS REFORMS ON FOOD SAFETY AND NUTRITION

The upcoming EYFS reforms, set to take effect in September 2025, will introduce significant changes to food safety practices in early years settings. The reforms impact food handling, staff training, and allergen management, as well as nutritional requirements and menu development. As with all aspects of the EYFS, these changes are to ensure children's health and safety – but what do they mean for your setting?

SAFER EATING

The reforms introduce new requirements for safer eating practices. It's advisable to address each area of food safety in your setting's policies and demonstrate that appropriate actions have been taken for each. Some changes directly affect your kitchen, while others focus on mealtime supervision and staff training, such as on allergens, allergies and nutrition.



ALLERGY MANAGEMENT

The proposed changes enhance allergy and anaphylaxis management in early years settings, requiring robust policies that identify children with allergies and address their needs. Staff training is essential to recognise allergic reactions and anaphylaxis – it should also cover emergency responses and adrenaline auto-injector (AAI) use. Anaphylaxis UK advocates for a comprehensive allergy awareness approach across the entire setting, promoting safety for all children.



INDIVIDUAL HEALTHCARE PLANS

As part of the reforms, settings will be required to have an individual healthcare plan (IHP) for each child with a known allergy. IHPs must clearly outline the child's specific allergen(s), their allergy symptoms, an emergency response plan, and their emergency contacts.



EMERGENCY PREPARATION

Settings should maintain spare AAIs for emergencies and conduct regular drills to review their procedures. Continuous staff training is vital, ensuring they can recognise anaphylaxis symptoms and properly administer AAIs. Settings may choose any government-approved training body that meets the standards for paediatric first aid, as there's no mandatory provider. This flexibility allows for tailored training that suits each setting's particular needs.



INTRODUCTION OF SOLID FOODS

The reforms place greater focus on the introduction and preparation of solid foods, requiring an individualised approach based on each child's developmental stage rather than just their age. Ongoing discussions with parents are crucial to understanding each child's readiness for solid foods, keeping both parties informed about the types of food at home and in the setting.

Autumn Term 2025 School Dinner Menu

Week 1 menu commencing: Wednesday 3rd September 2025

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Meatballs in Italian Sauce	Beef Burger	Roast Chicken with Stuffing	Breaded Chicken Filet with Sweet and Sour Sauce	Star Fishcakes
	Veg	Mash potato, peas and sweetcorn	Wedges and Farmhouse veg	Roast potatoes, broccoli, carrots and gravy	Rice and mixed vegetables	Chips, peas and baked beans
	Pudding	Chocolate Shortbread	Vanilla Iced Sponge	Shortbread with Fruits of the Forest Compote	Lemon and Lime Drizzle	Coconut and Cherry Flapjack
Week 2	Main	Beef Pasta Bake	Sausage Roll	Roast Beef and Yorkshires	Chicken Curry	Cheese and Tomato Pizza
	Veg	Peas and sweetcorn	Wedges and Farmhouse veg	Mash potato, broccoli, carrots and gravy	Rice and mixed vegetables	Chips, peas and baked beans
	Pudding	Fudge Crunch	Chocolate Iced Sponge	Strawberry Jelly	Sticky Toffee Pudding	Carrot and Orange Cake
Week 3	Main	Sticky BBQ Chicken Goujons	Sausages and Gravy	Roast Chicken and Stuffing	Meatballs in Tomato Sauce	Salmon Fishcake
	Veg	Diced crispy potatoes	Mash potato and Farmhouse veg	Roast potatoes, broccoli, carrots and gravy	Rice and mixed vegetables	Chips, peas and baked beans
	Pudding	Vanilla Crunch	Cornflake Crunchie	Blueberry Shortbread	Toffee Apple Flapjack	Chocolate Malt Brownie



In association with



We're part of the My School Fund initiative.

Together we can boost our school's budget, plus your own!

It's completely free to sign up and both you and your child's school will receive eGift Cards to be used at participating retailers based on a percentage of your spend.

Visit myschoolfund.org today!



Step 1

Visit myschoolfund.org to sign up for free and link to your child's school



Step 2

Register your credit/debit card to your account



Step 3

Spend at participating retailers



Step 4

Start receiving your eGift Cards!



Help raise free funds for our school

every time you shop online

Join easyfundraising today and search for

Friends of Clunbury School

Thousands of well-known retailers will give us a free donation when you shop with them - at no cost to you!

Shop at over **4,100** online stores

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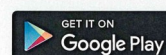
JUST EAT

ebay

Debenhams

Waterstones

Download the app



Over £31 million raised

Trustpilot ★★★★★

1.8 million users



Midlands Emotion Coaching Interest Group

Anyone with an interest in developing their use of Emotion Coaching is welcome to attend the regional Midlands Emotion Coaching Interest Group Meeting. The session will provide an opportunity to share practice and learn from each other whilst obtaining updates from Emotion Coaching UK and practitioners in the field.

The session will be held via Teams.

Date: Tuesday 7th October 2025
Time: 9.30am-12.00pm

The session is to focus upon:

How can we support regulation by recognising and responding to sensory needs?

The session is to be hosted by Dr Adele Thacker (Specialist Senior Educational Psychologist with Shropshire Council and Senior Lead Practitioner Trainer for ECUK) and Jo Davies (Lead for Inclusion for the Perry Hall Multi Academy Trust and registered Emotion Coaching Practitioner).

Join Alice Hoyle, author of *Becoming a Sensory Aware School: A Toolkit to Develop a Whole School Approach for Sensory Wellbeing*, to explore how we can better recognise and respond to sensory needs in the classroom. This session will share practical ideas for building a sensory curriculum that supports regulation, connection, and inclusion.

Dr Adele Thacker will also encourage us to reflect on the traps to providing true validation and acceptance.

If you would like to attend, please email adele.thacker@shropshire.gov.uk to register. A 'hold the date' invite will be sent upon registration with the virtual link being sent one week before the session.

FOREST CHURCH

FUN, FAITH, FAMILY, FOOD



@ Walcot Hall, Lydbury North SY7 8AZ

2.30pm

Sunday 5th October
Sunday 2nd November
Sunday 14th December

 Diocese of
Hereford
YOUTH HUB

We are excited to invite all families & young people to wonder & worship. Entrance to Forest Church in the Arboretum is free, just follow the signs.
What Three Words:///kebab.rural.mealtime

Contact: Suzanne.Gurney@hereford.anglican.org

Calling All Future Football Stars!

Ludlow Town FC is launching a brand-new U7s team for the 2025/26 season, and we're inviting all Year 2 children to come and give it a go!

- ✓ First session is completely FREE
- ✓ No experience needed – just a smile, shin pads and a drink
- ✓ Open to boys and girls

 When: Wednesdays, 5:00 PM
 Where: Ludlow Football Club

It's the perfect chance for your little one to learn new skills, make friends, and fall in love with the beautiful game in a fun and friendly environment.

We're also looking for enthusiastic parents to get involved as coaches or volunteer assistants – full support and training will be provided.

 Just drop us a message or turn up on the day – we can't wait to see you!

Let's kick off their football journey together. 

 LUDLOW RUGBY 

MINI & JUNIOR RUGBY

**COME AND JOIN OUR TEAM FOR
OUR 25/26 SEASON**

**BRING A BUDDY DAY
28TH SEPTEMBER**

We are asking all of our minis and juniors to bring a buddy with them to join in our training session on september 28th.

**Interested? Contact James
07814 569 579 or
ludlow.rfc.youth@gmail.com**

 FLOWFIT

 BOSI
PUBS

FILMED FOR
IMAX
DREAMWORKS
**HOW TO TRAIN YOUR
DRAGON**
SATURDAY 11 OCTOBER 2PM



**SpArC
THEATRE**

To Book: www.sparctheatre.co.uk - 01588 638038 Adult £8 Child/Student £4.50 Family £22
SpArC Theatre Brampton Rd Bishops Castle SY9 5AY

Piece of String Media in partnership with Vibrant Shropshire

A free outdoor family workshop exploring farming and the environment, and using digital media. Join us on a Shropshire farm to discover what they farm and how they farm. Get creative with photos, video and sound. And share what you see, hear and learn.

For families with children aged 5+ interested in spending a day in the countryside, finding out where food comes from, and how farmers look after wildlife and the environment.

Monday 27th October 10am-3.30pm in the Longville area

Places are funded — booking is essential
Families must include at least one adult

Digital media equipment provided
We'll be outside all day — be ready for all weathers!
The workshop will involve a fair amount of gentle walking on uneven ground

Email workshops@pieceofstringmedia.co.uk or call Nick (she/her) 07718 274884 if you have any questions or to talk about access needs. Booking: www.eventbrite.com/e/1681021934859

This commission is part of the This is Shropshire Festival

 PIECE OF
STRING

 Shropshire
Hills
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UK Government

 SHROPSHIRE
County Council

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SHROPSHIRE
Festival

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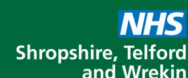
For more information please visit:
freestyl martialarts.com/bishopscastle



BISHOPS CASTLE
SUNDAY 10.00am to 10.45am
Bishops Castle Leisure Centre
Bishops Castle
Shropshire
SY9 5AY

CONTACT US
07599 978387
bishopscastle@freestyl martialarts.com
facebook.com/fmabishopscastle
Chief Instructor
Steve Luke (3rd Dan)

Join anytime and get unlimited access to all beginner classes every week for ONE MONTH (including school holiday term). Offer includes an official uniform and belt. Family discounts available. Free taster class available before joining. New students only. Terms and conditions apply.



Worried about your child's health?

Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

Understanding your child From toddler to teen

- Would you like to know more about your child's development?
- Do you need help and support to understand your child's behaviour?
- Would you like a chance to meet with other parents and carers with children of a similar age?

Join us for one of our free virtual or face-to-face groups, our next groups start:

- Understanding Your Child Group 29th September 2025 from 9.30am to 11.30am Virtually Via MS Teams
- Understanding Your Child Group 29th September 2025 from 1.00pm to 3.00pm at Ludlow Primary School
- Understanding Your Child Group 1st October 2025 from 12.45pm to 2.45pm at Whitchurch CofE Infants School
- Understanding Your Child SEND Group 2nd October 2025 from 9.45am to 11.45am at Woodlands School Wem
- Understanding Your Child Group 2nd October 2025 from 9.30am to 11.30am at Sunflower House Shrewsbury
- Understanding Your Child Group 2nd October 2025 from 1.00pm to 3.00pm at Whittington Primary School
- Understanding Your Child SEND Group 3rd October 2025 from 9.30am to 11.30am Virtually Via MS Teams

All our groups run for 10 weeks from the start date excluding the School Holidays.

SEND groups are for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email
Parenting.team@shropshire.gov.uk
or call 01743 250950

Find more free online courses at:
inourplace.co.uk/shropshire



Does your child struggle with their sleep?

Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

SEND Group Tuesday 23rd September 2025 from 1.00pm to 3.00pm Virtually Via MS Teams
or

Group Wednesday 24th September 2025 from 9.30am to 11.30am Virtually via MS Teams

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email Parenting.team@shropshire.gov.uk or call 01743 250950



Follow Us on Facebook

For Our Latest Public Health Information & Updates

 @ShropshirePublicHealthNursingService



**SHROPSHIRE 0-19 PUBLIC HEALTH
NURSING SERVICE**

Shropshire Parenting Help and Support Line

01743 250950

Mon - Thurs, 9.30am - 4.30pm
Fri, 9.30am - 3.30pm

No judgment, just support



Shropshire
Supporting
Families
through Early Help

Shropshire
Council

Family Drop-ins

Free info, advice & support

You can get free information, advice and support on all aspects of family life, at our Family Drop-Ins. Come along for a coffee and a chat, and see how we can help you with:

- Family life
- Parenting support (including child development, behaviour, sleep and relationships)
- Domestic abuse support
- Money worries
- Housing support
- Special Educational Needs and/or Disabilities (SEND)

and much more



Find your local
drop-in here



Shropshire
Council

EVERY WEDS 12 - 2pm

Calling all parents and those caring for someone with a Hidden Difference to join us for a well earned **ALL WELCOME** with or without children

KIDS RULE

**COFFEE
BREAK**

CHURCH STRETTON

IN PARTNERSHIP WITH

empathy
for special children

www.empathyforspecialchildren.org

£4 / Child
£2 / Sibling

Mad Hatters

All parents and those caring for someone with a Hidden Difference are invited to join us for a well earned

**SECRET HILLS
DISCOVERY
CENTRE,
CRAVEN
ARMS**

**COFFEE
BREAK**

EVERY THURSDAY

Relaxed and informal.

ALL WELCOME

wherever you find yourselves
on the journey



www.empathyforspecialchildren.org