



**Sports Day 2026** This year's Sports Day is next Thursday 11<sup>th</sup> June. Family and friends are welcome to come and cheer the children along as they take part in various sporting activities and races. Sports Day will be held on the top field above Forest School as in previous years. Please do take photos for posterity, but please do not share any images/videos on social media.

Please can friends and family arrive from 12.45pm and make their way up to the sports field for a 1pm start.

Extra parking is available at Croxton's farm at the bottom of the village. Please do not park in the school carpark or on the driveway for health and safety reasons.

The Friends will be serving refreshments before and after the event.

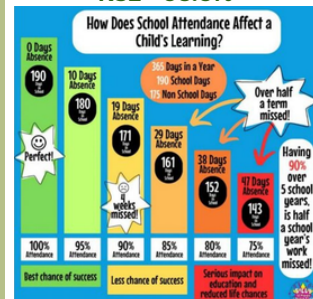
**If we have to cancel Sports Day due to the weather conditions, the back up day is on the afternoon of Wednesday 8<sup>th</sup> July.**



## ATTENDANCE matters

Attendance since start of the Autumn Term 2025:

**Whole school - 95.3%**  
**Early Years & KS1 - 97.8%**  
**KS2 - 93.5%**



## ParentGUIDES

This fortnight's issue guide features: **ADULT ANIMATED CONTENT**

## FRIENDSgroup

The Friends of Clunbury School are an amazing group of parents and carers who raise much needed funds for our school. The money raised is spent on equipment and activities that enrich school life.

## FREEschoolMEALS

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at: **Free School Meals**



Please can we have **donations of cakes and bakes** for the refreshments during Sports Day. Please drop them off at school reception in the morning on the day.

**Thank you in advance!**



**Help also needed to put up the gazebos** - if anyone is free after morning school drop off (9ish) it would be greatly appreciated!

## MP Visit

South Shropshire MP Stuart Anderson, came to visit Clunbury yesterday to talk to the children about his life and career and what an MP does.



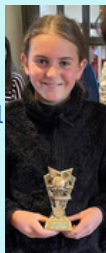
**The new school messaging number +44 7860 032 673**  
 Please update your contacts as we will no longer receive messages sent to the old number. Thank you.

## Newtown 10k running success!

Congratulations to Mr Griffiths for taking part in this year's Newtown 10K challenge. Well done also to Alfie, Isaac and Elsie's mum and dad for also taking part. An amazing achievement on such a hot day!



Emma has won a trophy for CVL player of the season. Her netball team has done very well this season winning the league and 2 Hereford tournaments. **WELL DONE EMMA!!**



## The cricket season has begun ...

Here is Maddison, Riley and Charlie a couple of weeks ago, attending their first match of the season playing for Bishops Castle U11 Cricket Team. **Please keep your photos coming in.**



08.06.26 Dinner menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
am					Whole School PE
pm			Shropshire Sings	Sports Day	Whole School Music
Club	Art	Craft	Cookery	Movie	Sports

## DON'T FORGET ...

Everyday things to remember:

- waterproof coat
- sun hat
- sunscreen
- water bottle



## DIARYdates ... Due to unforeseen circumstances, dates may change from time to time.

Wednesday 10 <sup>th</sup> June	Shropshire Sings	Wednesday 24 <sup>th</sup> June	Y5 Taster Day - Wigmore High
Thursday 11 <sup>th</sup> June	Sports Day	Thursday 25 <sup>th</sup> June	Y6 Hereford Cathedral
Wednesday 17 <sup>th</sup> June	STEM Day CCBC	Monday 29 <sup>th</sup> June	Y5 Taster Day - Ludlow
Thursday 18 <sup>th</sup> June	Y6 Crucial Crew	Monday 6 <sup>th</sup> & Tuesday 7 <sup>th</sup> July	Y6 Induction Days CCBC
Tuesday 23 <sup>rd</sup> June	C1 Chester Zoo	Tuesday 7 <sup>th</sup> July	Y6 Induction - Church Stretton

## MentalHealthWELLBEING:

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

**SAMARITANS**

**ChildLine**  
0800 1111

**mind**

**The Clunbury Vision**  
 'Teach children how they should live, and they will remember it all their lives.'  
 Proverbs 22:6 The Good News Bible

**Our Values**  
 Trust and Truth, Joy and Happiness, Love and Respect, Thankfulness, Friendship and Family, Perseverance and Resilience



— Diocese of —  
**Hereford**  
 Preaching Christ • Growing Disciples



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## What Parents & Educators Need to Know about ADULT ANIMATED CONTENT

### WHAT ARE THE RISKS?

Bright, bold, and widely shared, adult animated content is more popular than ever, but not always what it seems. These videos, which may appear cartoonish and harmless, often contain strong language, explicit themes, graphic violence, or dark humour. Many are accessible through platforms like YouTube, TikTok or streaming services, where filters may not catch them in time.

#### MISLEADING VISUAL STYLE

Many adult animations mimic the colourful, exaggerated look of children's cartoons. This can easily mislead not just children, but also adults, into thinking they're suitable for younger viewers. Without watching the content fully, parents or educators might approve a show or video that contains explicit jokes, graphic imagery, or highly inappropriate language, all disguised beneath a playful and fun visual style.

#### EXPOSURE TO HARMFUL THEMES

A number of adult animated shows and online videos explore mature or disturbing themes, such as addiction, trauma, abuse, self-harm, or violence, and often do so in a stylised or humorous way. Younger viewers may not have the emotional maturity to process this content, leading to confusion, distress, or the normalisation of very serious issues that should be discussed in a supportive context.

#### RISK OF DISTRESS AND FEAR

Some adult animations, especially horror-based content or 'creepypasta' style stories, include disturbing imagery, unsettling music, and sudden scares. These videos sometimes feature distorted versions of well-known children's characters, such as Sonic the Hedgehog or Peppa Pig, in frightening or violent scenarios. Children can be negatively affected if they come across this unexpectedly, leading to sleep disturbances, anxiety, or long-lasting fears, especially if children have existing worries or sensitive personalities.

#### INFLUENCE OF EDGY HUMOUR

Dark, edgy humour is common in adult animation and often includes jokes about topics like sexism, racism, mental illness, or abuse. When children hear these jokes, they may repeat them without fully understanding their meaning. This can lead to inappropriate behaviour in school or online spaces, and in some cases, it can reinforce harmful stereotypes or desensitise children to real-world injustice and discrimination.

#### ALGORITHMIC RECOMMENDATIONS

Video platforms are designed to keep users watching by suggesting similar content. If a child watches one mature animation, they may quickly be shown more, including even darker or more extreme videos. These recommendations are based on viewing patterns, not age-appropriateness. Without strict settings in place, this can lead to a rapid spiral into unsuitable, upsetting, or even harmful content online.

#### DESENSITISATION TO VIOLENCE

Stylised violence in animation is often exaggerated and constant. Repeated exposure to it can reduce a child's emotional response to harm, making aggression or cruelty appear entertaining or acceptable. Over time, children may become less empathetic or more tolerant of harmful behaviours in real life, especially if they see others online reacting with humour, memes, or praise for violent characters or scenes.

## Advice for Parents & Educators

#### LEARN WHAT CHILDREN ARE WATCHING

Take time to ask children what they're watching and who their favourite creators are. Sit down and watch a few videos to get full understanding. This helps you spot inappropriate content early and shows children that you're interested and engaged in their online world, not just policing it.

#### USE PLATFORM SETTINGS WISELY

Make use of built-in safety tools like content filters, restricted mode, and age settings on platforms such as YouTube, Netflix or TikTok. Turn off auto-play where possible and regularly review what children are being recommended. Although these settings aren't foolproof, they add an important layer of protection and help reduce the risk of children encountering disturbing or adult content accidentally.

#### TALK ABOUT WHAT'S APPROPRIATE

Keep communication open and non-judgemental. Talk about why certain themes or jokes are not appropriate for children, even if they appear in animated form. Help children understand that just because something is popular or shared widely, it does not mean it's suitable or safe. If they've seen something upsetting, respond calmly, offer reassurance, and explain things in an age-appropriate way.

#### ENCOURAGE CRITICAL THINKING

Help children think carefully about what they watch. Talk about the difference between fictional exaggeration and reality, while helping them question why certain content is made. Is it informative, entertaining, or meant to shock? This builds digital resilience and encourages them to make safer choices in future, rather than simply following viral trends or peer pressure to watch mature content.

#### Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. We offer memberships and packages to help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website

#WakeUpWednesday

The National College



@wake\_up\_weds



/wuw.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 25.02.2026

For more information and advice please visit:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/> or [www.ceop.police.uk](http://www.ceop.police.uk)



NSPCC



## Summer Term 2026 School Dinner Menu

Week 3 menu commencing: Monday 13th April 2026

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main	Meatballs in Italian sauce	Beef burger	Roast chicken with stuffing	Breaded chicken with sweet & sour sauce	Star fishcakes
	Veg	Mashed potatoes, peas & sweetcorn	Wedges & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Chocolate shortbread	Vanilla iced sponge	Shortbread with fruits of the forest compote	Lemon & lime drizzle	Coconut & cherry flapjack
2	Main	Beef pasta bake	Sausage roll	Roast beef & Yorkshires	Chicken curry	Cheese & tomato pizza
	Veg	Peas & sweetcorn	Wedges & farmhouse veg	Mashed potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Fudge crunch	Chocolate iced sponge	Strawberry jelly	Sticky, toffee pudding	Carrot & orange cake
3	Main	Sticky BBQ chicken goujons	Sausages & gravy	Roast chicken & stuffing	Meatballs in tomato sauce	Salmon Fishcake
	Veg	Diced crispy potatoes	Mashed potatoes & farmhouse veg	Roast potatoes, broccoli, carrots & gravy	Rice & mixed veg	Chips, peas & baked beans
	Pudding	Vanilla crunch	Cornflake crunchie	Blueberry shortbread	Toffee apple flapjack	Chocolate malt brownie

Help raise money for school when you're shopping, it's so easy ...



In association with



Over  
**£800k**

raised for schools  
and parents so far!

easyfundraising

Raise **FREE** donations for  
**Friends of Clunbury School**

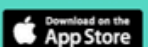
every time you shop online

Search for us on: [easyfundraising.org.uk](https://easyfundraising.org.uk)

8,000+ online retailers will give us a free donation  
when you shop with them at no extra cost to you



Download the  
easyfundraising App



Excellent   
3,945 reviews on Trustpilot

# Wine and Cheese TASTING

Saturday 4 July  
Aston on Clun Village Hall at 7pm

*A summer evening of fun and learning!*



- Can you tell a fine wine from a budget wine? Let our expert guide you.
- Tickets £22. **Staff Vacancies**  
Minimum tasting of 6 wines
- A wide selection of cheeses to try - and buy!  
Kindly supplied by Clun Valley Foods
- Advance booking only by 1 July, email:  
info@communityshop-astononclun.co.uk


 Fundraising for the new Community Shop  
[www.communityshop-astononclun.co.uk](http://www.communityshop-astononclun.co.uk)



# The SWORD in the STONE



*A magical adventure for the whole family*

**Walcot Hall, Lydbury North**  
**Tuesday 18<sup>th</sup> August 2026 . 4.00pm**  
**Workshop: 2.30pm in The Ballroom**

**Book now:**  
[cambridgetouringproductions.co.uk](http://cambridgetouringproductions.co.uk)

Bring a low-backed chair or rug. In the event of bad weather, the performance will take place in The Ballroom.

# GIRLS TOUCH RUGBY!

**FUN, FRIENDLY & FULL OF ENERGY!**

**LADIES ALSO WELCOME!**

**WHAT TO EXPECT**

- ✓ MAKE NEW FRIENDS
- ✓ STAY ACTIVE
- ✓ LEARN NEW SKILLS
- ✓ HAVE A GREAT TIME!

**JOIN US!**  
FRIENDLY & IDEAL FOR NEW PLAYERS

**FOR AGES 8+**

**EVERY WEDNESDAY 6PM - 7PM**  
LUDLOW RUGBY CLUB

  
 1871  
 MINI & JUNIORS



# Bishops Castle Cricket Club

**JUNIOR CRICKET PROGRAMME 2026**

**Fun, fast & social game suitable for all abilities**

**STARTS MONDAY 11TH MAY (9 WEEKS)**  
**AT BCCC - THE MANOR GROUND (SY9 5HA)**

Reception-Year 3 - 5:15-6:00pm  
 Year 4-Year 11 - 6:00-7:00pm

To register your child contact Caitlin Moulder  
 Whatsapp / Text / Phone - 07983460877  
 Email - caitlinperry@hotmail.co.uk

**ECB QUALIFIED COACHES WITH DBS AND FIRST AID**

**Junior Membership £50**  
(Additional discounts for siblings)


**#CASTLECRICKET**  






REGENTS OPERA

Verdi

# RIGOLETTO



5th & 6th JUNE  
2026  
Walcot Hall  
7.30pm

Enquiries 01588 680570  
Tickets [www.walcothalvents.com](http://www.walcothalvents.com)

South Shropshire Gymnastics Club




## New Weekday Preschool Classes Spaces Available Preschool Age 3 - 4 years

Tuesday, Wednesday, Thursday, Friday (11:15-12:00)  
& Saturday (10:15-11:00)



Location - Great Oaks Business Park, Ludlow (next to  
Pets @ Home)

Please contact Laura ([southshropsgymclub@gmail.com](mailto:southshropsgymclub@gmail.com)) if you have  
any questions or go our website to sign up -  
[www.ssgymnasticclub.com](http://www.ssgymnasticclub.com)




**CALLING ALL PARENTS!**

### Kellogg's Football Camps are back this Summer!

In partnership with the EFL, Kellogg's Football Camps will run from June to September, giving children aged 5-15 the chance to get active, build confidence, and make memories. Across the nation, we're bringing football fun to families throughout the summer holidays.


## Buy a pack and claim a free day\*



### How to claim your day

1. Buy a promotional pack of Rice Krispies, Corn Flakes or Coco Pops in-store
2. Scan the on-pack QR code or visit [www.kelloggssc.com](http://www.kelloggssc.com) (smartphone only)
3. Sign your kids up for free

**CLAIM YOUR FREE DAY NOW!**



**EFL** | *Kellogg's*  
OFFICIAL PARTNER

**Terms & Conditions**

© 2026 Kellogg's. All rights reserved. \*18+, GB only. Purchase a promotional pack & claim your free day (5 free days for Celtic only) at an available Football Camp for your child aged 5-15 (with limited clubs offering places for children aged 5-10) between either 20/04/26 - 14/05/26 (Promo Period 1) or 10/05/26 - 27/08/26 (Promo Period 2). Redeem your free day (5 free days for Celtic only) by 21/09/26 for Promo Period 1 & 01/09/26 for Promo Period 2. To claim, scan the QR code or visit [www.kelloggssc.com](http://www.kelloggssc.com) & register/sign into your Kellogg's account, enter the last 4 digits of the barcode & your postcode to view available camp places & request your code. Codes for valid claims will be issued within 48 hours. Claims for Selected Clubs must be completed by the claim dates stated above or the place will be forfeited & reallocated in Promo Period 2. At least 27,000 places will be available throughout GB across Promo Period 1. Weekly release of 500 codes across 10 selected Clubs in Promo Period 1 only. For all other Clubs, all codes will be released on 10/04/26. Daily weekly places for selected Clubs in Promo Period 1 & number of places available in Promo Period 2 are subject to availability. Promo Period 2 will only include unused or unclaimed codes from Promo Period 1. Offer only available whilst places last & may be limited geographically (depending on Club location & availability). Football Camp dates available throughout July & August 2026, with limited Clubs offering dates in June & September 2026. Max 2 claims per household & max 2 camp places per child. Offer does not include travel & other expenses. Selected Clubs include may be subject to change: Bristol City, Cardiff City, Celtic, Exeter City, Huddersfield Town, Manchester City, Portsmouth, Reading, Rangers, Swansea City & Watford.



## Protect our children!

**Parents and guardians:** Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to [www.westmercia.police.uk/exploitworkshops](http://www.westmercia.police.uk/exploitworkshops)



Worried about your child's health?

## Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

### SPRING TERM SEND MEET & CHAT FAMILY DROP-IN

Hosted by Shropshire Early Help

**Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?**

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health
- Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.

**LUDLOW - HELENA LANE COMMUNITY CENTRE**

Tuesday 20th January 2026  
12:30pm-14:30pm

Helena Lane Community Centre, 20 Hamlet Rd, Ludlow, SY8 2NP

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**SHREWSBURY THE LANTERN**

Thursday 19th February 2026  
10:00am-12:00pm

The Lantern, Meadow Farm drive, Shrewsbury, SY1 4NG

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**MARKET DRAYTON RAVEN HOUSE**

Tuesday 24th March 2026  
13:00pm-15:00pm

Raven House, 129 Cheshire Street, Market Drayton TF9 3AH

**HAVE YOUR SAY!**  
Scan the QR code to suggest topics and activities for future drop-in sessions.

# 20 is plenty!

Children who read for 20 minutes a day will...

Improve focus and concentration

Develop a love for learning

Have a world of imagination and creativity opened to them

Learn how to develop empathy

Have stronger writing skills

Have a broad vocabulary

Improve test results

Improve critical thinking skills

Improve and strengthen memory

Have better general knowledge

Improve communication skills

Have reduced stress levels

**Be exposed to 1.8 million words a year**

# Understanding Your Child

*From Toddler to Teen*

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

## Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

### Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 12.45–2.45pm – Belvidere Primary School, Shrewsbury (SY2 5YB)
- 13th April 2026 - 1.00–3.00pm – Ludlow Primary School (SY8 1HG)
- 15th April 2026 - 9.30–11.30am – Pontesbury Primary School (SY5 0TF)
- 15th April 2026 - 1.00–3.00pm – Wilfred Owen School, Shrewsbury (SY2 5SH)
- 15th April 2026 - 5.00–7.00pm – Online via MS Teams

### What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

### Want to Join Us?

Email: [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk)

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



### Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



# Understanding Your Child with SEND

*From Toddler to Teen*

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

## Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

### Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 10.00am–12.00pm – Online via MS Teams
- 16th April 2026 - 1.00pm–3.00pm – St Lucia's School, Upton Magna (SY4 4TZ)
- 17th April 2026 - 9.30am–11.30am – Whittington Primary School, (SY11 4DA)

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

### What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

### Want to Join Us?

Email: [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk)

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



### Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



## Does your child struggle with their sleep?

### Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

**Sleep Tight Universal Group 24<sup>th</sup> April 2026 from 10.00am to 12.00pm**  
Virtually Via MS Teams

**Sleep Tight SEND Group 12<sup>th</sup> June 2026 from 10.00am to 12.00pm**  
at The Keystone Academy, Squinter Pip Way, Shrewsbury, SY3 8XQ

The groups run for 5 weeks excluding the school holidays and bank holidays. Groups with SEND are suitable for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call 01743 250950

Find out more here



## Shropshire Parenting Help and Support Line

**01743 250950**

**Mon - Thurs, 9.30am - 4.30pm**  
**Fri, 9.30am - 3.30pm**

No judgment, just support. For **all** Shropshire families, including those whose children have special educational needs and/or disabilities (SEND)

