Accompaniments	
Kingsmill 50/50 sliced bread	WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Wholemeal WHEAT Flour, Water, Yeast, Salt, Vegetable Oils (Rapeseed, Sustainable Palm), Vinegar, Emulsifier: E472e, SOYA Flour, Preservative: Calcium Propionate, Flour Treatment Agent: Ascorbic Acid (Vitamin C)
Kingsmill 50/50 vitamin boost sliced bread	WHEAT Flour (with Calcium, Iron, Niacin (B3) and Thiamin (B1)), Wholemeal WHEAT Flour, Water, Yeast, Salt, Vinegar, Calcium Carbonate, Vegetable Oils (Rapeseed, Sustainable Palm), Emulsifier: E472e, SOYA Flour, Vitamin and Mineral Premix (Maltodextrin, Niacin, Iron, Vitamin B6, Thiamin, Folic Acid, Vitamin D), Preservative: Calcium Propionate, Flour Treatment Agent: Ascorbic Acid (Vitamin C)
Warburtons wholemeal bread	Wholemeal WHEAT Flour, Water, Yeast, Vegetable Oil (Rapeseed, Sustainable Palm), Salt, Wheat Gluten, Emulsifiers: E472e, E481, E471, SOYA Flour, Preservative: Calcium Propionate, Flour Treatment Agent: Ascorbic Acid (Vitamin C)
Other puddings	
Apples	Apples
Bananas	Bananas
Satsumas/clementine's	Satsumas/clementine's
Pears	Pears
Grapes	Red/Green grapes
Yoghurts	
Peach & passionfruit	Fat Free Yoghurt (MILK), sugar, peaches, thickeners – modified maize starch, pectin's. Passion fruit juice from concentrate, acidity regulators (citric acid, sodium citrates), natural flavourings.
Raspberries	Fat Free Yoghurt (MILK), sugar, raspberries, raspberry juice from concentrate, thickeners (modified maize starch, pectin's), natural flavouring, acidity regulator (sodium citrates), Aronia juice concentrate, carrot concentrate.
Strawberries	Fat Free Yoghurt (MILK), sugar, strawberries, thickeners (modified maize starch, pectin's), natural flavouring, beetroot juice from concentrate, carrot concentrate.
Strawberry Banana Dairy free Yoghurt	Soya Base (Water, Hulled Soya Beans (9.7%)), Sugar, Strawberry (6.6%), Banana (2.4%), Calcium (Tri-Calciumcitrate), Stabiliser (Pectins), Natural Flavourings, Carrot Extract, Acidity Regulators (Citric Acid, Sodium Citrates), Sea Salt, Antioxidants (Tocopherol-Rich Extract, Fatty Acid Esters of Ascorbic Acid), Vitamins (B2, B12, C, D2), Yogurt Cultures (S. Thermophilus, L. Bulgaricus)
Peach and Pear Dairy free yoghurt	Soya Base (Water, Hulled Soya Beans (9.7%)), Sugar, Peach (6.4%), Pear (3.8)%, Calcium (Tri-Calciumcitrate), Stabiliser (Pectins), Acidity Regulators (Citric Acid, Sodium Citrates), Natural Flavourings, Sea Salt, Pumpkin Extract, Carrot Extract, Antioxidants (Tocopherol-Rich Extract, Fatty Acid Esters of Ascorbic Acid), Vitamins (B2, B12, C, D2), Yogurt Cultures (S. Thermophilus, L. Bulgaricus)
Gluten free rice cakes with yoghurt topping and strawberry	Yoghurt Flavoured Coating (58%) (Sugar, Palm Oil, Lactose Powder (MILK), Yoghurt Powder (6%) (MILK), Emulsifier: Soya Lecithin (SOYA)), Wholegrain Brown Rice, Freeze-Dried Strawberries (2%).