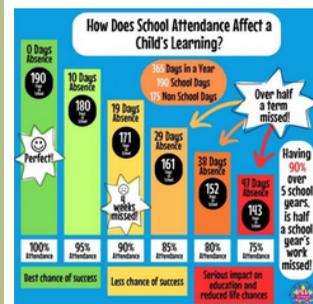


**Don't forget to book your parent/teacher meeting. Slots are still available.**

## ATTENDANCE matters

Attendance since start of the Autumn Term 2025:  
**Whole school - 94.4%**  
**Early Years & KS1 - 97.4%**  
**KS2 - 92.1%**



## ParentGUIDES

This fortnight's issue guide features:  
**Supporting the use of AI**

## FRIENDSgroup

The Friends of Clunbury School are an amazing group of parents and carers who raise much needed funds for our school. The money raised is spent on equipment and activities that enrich school life.



## FREEschoolMEALS

If you think your family may be eligible for free school meals, please apply asap. Successful applications are then given Pupil Premium funding, funding that can be used to purchase school uniform or pay for school trips. Please apply at: **Free School Meals**



**The Clunbury Vision**  
 'Teach children how they should live, and they will remember it all their lives.'  
 Proverbs 22:6 The Good News Bible

### Our Values

Trust and Truth, Joy and Happiness, Love and Respect, Thankfulness, Friendship and Family,  
 —Diocese of—  
**Hereford**  
 and Resilience  
Proclaiming Christ • Growing Disciples

# WORLD BOOK DAY

The children all looked amazing for World Book Day 2026. There were Oompa-Loompas, game keepers, cowboys and cowgirls, puppies, princesses, pirates, cats, police, sports people and children ready for a bedtime story. Parents and carers you have excelled yourselves! The children had a wonderful day talking about their favourite books and sharing stories with each other.



### Super Swimmer

Harry was awarded swimmer of the month at his Friday lessons at Knighton swimming pool. He was so happy to get his first certificate. Keep up the good work Harry!



### Panto Star

Last month, Azaylia was in the Bishops Castle Pantomime of Robin Hood. She performed brilliantly in 3 separate performances, making her family extremely proud of her. Well done Azaylia!



| 09.03.26<br>Dinner menu 3 | Monday | Tuesday               | Wednesday    | Thursday         | Friday             |
|---------------------------|--------|-----------------------|--------------|------------------|--------------------|
| am                        |        |                       |              |                  | Whole School PE    |
| pm                        |        |                       |              | C1 Forest School | Whole School Music |
| Club                      | Art    | Craft / Hot Chocolate | STEM & Games | Movie / Goblin   | Sports             |

## DON'T FORGET ...

Everyday things to remember:

- warm, waterproof coat
- water bottle
- bookbag, reading book & reading record
- spellings/timestables

## DIARYdates ... Due to unforeseen circumstances, dates may change from time to time.

|   |                        |   |                          |
|---|------------------------|---|--------------------------|
| Wednesday 18 <sup>th</sup> March                  | Ludlow Swimming Gala   | Friday 27 <sup>th</sup> March                   | Last day of term         |
| Tuesday 24 <sup>th</sup> March                    | Easter Service         | Monday 13 <sup>th</sup> April                   | First day of Summer Term |
| Wed/Thur 11/12 March                              | Parents Days           | Monday 4 <sup>th</sup> May                      | May Day Bank Holiday     |
| Wed 18 <sup>th</sup> - Fri 20 <sup>th</sup> March | Y4 Pioneer Residential | Mon 11 <sup>th</sup> - Fri 15 <sup>th</sup> May | SATs week                |

## MentalHealthWELLBEING:

These services offer confidential support from trained volunteers. You can talk about anything that's troubling you, no matter how difficult:

**SAMARITANS**

**ChildLine**  
 0800 1111

**mind**

At The National College, our *WakeUpWednesday* guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators

# SUPPORTING SAFE USE OF AI

Artificial Intelligence (AI) is increasingly woven into young people's digital lives. It can offer some educational benefits and day-to-day assistance; however, it also raises concerns about misinformation, privacy, fairness, and safety. This guide provides parents and educators with practical strategies to support young people to navigate AI tools responsibly, and to use them safely and with discernment.

### 1 DEMYSTIFY WHAT AI REALLY IS

Children encounter AI in most online places, including games, streaming platforms, and school tools. Explain that AI uses patterns from past data to make decisions, but it doesn't think or feel like humans. Use age-appropriate examples, like how recommendations on YouTube or Netflix work, to build understanding and prevent false beliefs about AI being all-knowing or alive.

### 2 TALK ABOUT RISKS OF MISINFORMATION

AI can create convincing false information, including deepfake videos, photos, and fake 'facts'. Encourage children to think critically about what they see and read. Teach them to double-check information using reliable sources, to look at images and videos carefully, and to ask an adult if something doesn't seem right.

### 3 DISCUSS DATA AND PRIVACY

Explain that AI systems learn by analysing lots of data, sometimes including personal information. Help young people to be mindful of what they share online and why protecting personal data matters. Model good habits like reading app permissions together or reviewing what's collected by voice assistants like Alexa or Siri.

### 4 ENCOURAGE CREATIVE USE OF AI

Support children, when using AI tools, to explore ideas, make art, or build projects. This fosters confidence, imagination, and independent thinking. When children use AI creatively, rather than just passively consuming it, they are more likely to stay engaged and make thoughtful choices.

### 5 USE AGE-APPROPRIATE AI TOOLS

Not all AI platforms are suitable for children. Choose tools designed for education or creativity, with clear safety policies. Review terms of use and privacy settings, and help children use them in age-appropriate ways. For example, some chatbot tools mimic conversation but should only be used with guidance and boundaries in place.

### 6 USE AI TOGETHER

Exploring AI tools together can help adults understand how they work and spot potential issues. Try co-writing a story with an AI writing assistant or experimenting with an AI art tool. This encourages curiosity, helps you stay informed about the latest AI tools, and allows you to reinforce safe and respectful use while modelling critical thinking.

### 7 SET BOUNDARIES FOR AI USE

Establish when, where, and how AI tools can be used, just as you would with any digital technology. For example, you might agree not to use AI tools to complete school assignments without permission, or to avoid unsupervised use of voice assistants. Consistent boundaries help manage overuse and misuse.

### 8 WATCH FOR OVERRELIANCE

Some AI tools, like homework help apps, may be tempting shortcuts. Encourage children to use AI to support their thinking, not replace it. Celebrate effort and process over perfect answers. Reinforce that mistakes are part of learning and that relying too heavily on AI can limit real understanding.

### 9 TEACH DIGITAL ETHICS AND LITERACY

Help children explore how AI works, where it might be biased, and why ethical thinking matters. Building digital literacy alongside ethical awareness ensures children engage with AI critically, not just conveniently. Help young people to understand that not all people use AI for legitimate purposes; some use it for malicious reasons. Encourage questions about fairness, representation, and who benefits from certain tools; talk about algorithms, echo chambers, and the impact of automation on daily life.

### 10 STAY CURIOUS AND INVOLVED

AI is developing rapidly, and staying informed helps you support the young people in your care. Follow trusted sources for updates and keep the conversation going. If a child brings up a new AI trend or tool, take the opportunity to learn about it together. Showing interest builds trust and strengthens digital resilience.

### Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

#WakeUpWednesday

The National College

X @wake\_up\_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.02.2025

# Spring Term 2026 School Dinner Menu

Week 1 menu commencing: Monday 23<sup>rd</sup> February 2026

Dinners cost £2.50 each and will be charged to your child's School Money account. Please pay for your child's school dinners promptly on a weekly basis and not let accounts go into arrears. Children in Reception, Year 1, Year 2 and children in receipt of Pupil Premium will not be charged for school dinners.

|   |         | Monday                            | Tuesday                         | Wednesday                                    | Thursday                                | Friday                    |
|---|---------|-----------------------------------|---------------------------------|--|---|---------------------------|
| 1 | Main    | Meatballs in Italian sauce        | Beef burger                     | Roast chicken with stuffing                  | Breaded chicken with sweet & sour sauce | Star fishcakes            |
|   | Veg     | Mashed potatoes, peas & sweetcorn | Wedges & farmhouse veg          | Roast potatoes, broccoli, carrots & gravy    | Rice & mixed veg                        | Chips, peas & baked beans |
|   | Pudding | Chocolate shortbread              | Vanilla iced sponge             | Shortbread with fruits of the forest compote | Lemon & lime drizzle                    | Coconut & cherry flapjack |
| 2 | Main    | Beef pasta bake                   | Sausage roll                    | Roast beef & Yorkshires                      | Chicken curry                           | Cheese & tomato pizza     |
|   | Veg     | Peas & sweetcorn                  | Wedges & farmhouse veg          | Mashed potatoes, broccoli, carrots & gravy   | Rice & mixed veg                        | Chips, peas & baked beans |
|   | Pudding | Fudge crunch                      | Chocolate iced sponge           | Strawberry jelly                             | Sticky, toffee pudding                  | Carrot & orange cake      |
| 3 | Main    | Sticky BBQ chicken goujons        | Sausages & gravy                | Roast chicken & stuffing                     | Meatballs in tomato sauce               | Salmon Fishcake           |
|   | Veg     | Diced crispy potatoes             | Mashed potatoes & farmhouse veg | Roast potatoes, broccoli, carrots & gravy    | Rice & mixed veg                        | Chips, peas & baked beans |
|   | Pudding | Vanilla crunch                    | Cornflake crunchie              | Blueberry shortbread                         | Toffee apple flapjack                   | Chocolate malt brownie    |

Help raise money for school when you're shopping, it's so easy ...

**MY SCHOOL FUND**

In association with

Sainsbury's Argos ESPO

Over **£800k** raised for schools and parents so far!

**Raise FREE donations for**

**Friends of Clunbury School**

every time you shop online

Search for us on: [easyfundraising.org.uk](https://easyfundraising.org.uk)

8,000+ online retailers will give us a free donation when you shop with them at no extra cost to you

Download the easyfundraising App

GET IT ON Google Play

Download on the App Store

Excellent 3,945 reviews on



## YOUTH & MINI RUGBY

10.30 to Midday every Sunday  
Sundays from 8th September

Just £60 per child for the whole season

Plus Wednesday evening  
**TOUCH RUGBY**  
Under 15's - 6.30 to 8pm  
7pm to 8pm For open age  
from 12 years old touch rugby

Food provided after each Sunday session

Contact Club Secretary, Kelly Nicklin:

[secretary@ludlowrfc.co.uk](mailto:secretary@ludlowrfc.co.uk)

to book in for a taster session or for more information

# RECRUITING NOW!



## SPECIAL OFFER!

**1 MONTH OF CLASSES**

- + FREE Taster Class
- + FREE Uniform
- + FREE Membership
- + Family Discounts

# JUST £32

For more information please visit:  
[freestylemartialarts.com/bishopscastle](http://freestylemartialarts.com/bishopscastle)



**BISHOPS CASTLE**  
SUNDAY 10.00am to 10.45am  
Bishops Castle Leisure Centre  
Bishops Castle  
Shropshire  
SY9 5AY

**CONTACT US**  
07599 978387  
[bishopscastle@freestylemartialarts.com](mailto:bishopscastle@freestylemartialarts.com)  
[facebook.com/fmabishopscastle](https://facebook.com/fmabishopscastle)  
Chief Instructor  
Steve Luke (3rd Dan)

Join anytime and get unlimited access to all beginner classes every week for ONE MONTH, (including school holiday times). Offer includes an official uniform and belt. Family discounts available. Free taster class available before joining. New students only. Terms and conditions apply.



# Soccer Schools

with Shrewsbury Town FC



## Train like a pro!

Led by a team of experienced coaches and backed by the only professional football club in Shropshire, Shrewsbury Town F.C.'s Soccer Schools are the perfect place for any young footballer to develop their skills, make new friends, and stay active over the holidays.



Find out more  
Scan the QR Code  
or visit:  
[bit.ly/3ZqUIKT](http://bit.ly/3ZqUIKT)

# Oaker Wood EASTER CAMP

NEW

TWO NIGHT  
MULTI ACTIVITY  
CAMP  
£180 PER  
PERSON

HEREFORDSHIRE  
8<sup>TH</sup> - 10<sup>TH</sup> APRIL 2026

OUTDOOR ADVENTURE IN A FUN & SAFE ENVIRONMENT

8 TO 12 YEAR OLDS  
£180 PER PERSON: INCLUDES  
CATERING, ACCOMMODATION &  
LOADS OF ACTIVITIES!

ACTIVITIES INCLUDE: HIGH & LOW  
ROPES, JUNIOR CODE BREAKER,  
CAPTURE THE FLAG, WOODLAND  
NAVIGATION, PIZZA MAKING,  
CAMPFIRE, TEAM GAMES, FILM  
NIGHTS AND MORE!



Book online: [www.oakerwoodleisure.co.uk](http://www.oakerwoodleisure.co.uk)



# FAMILY BOARD GAME CLUB

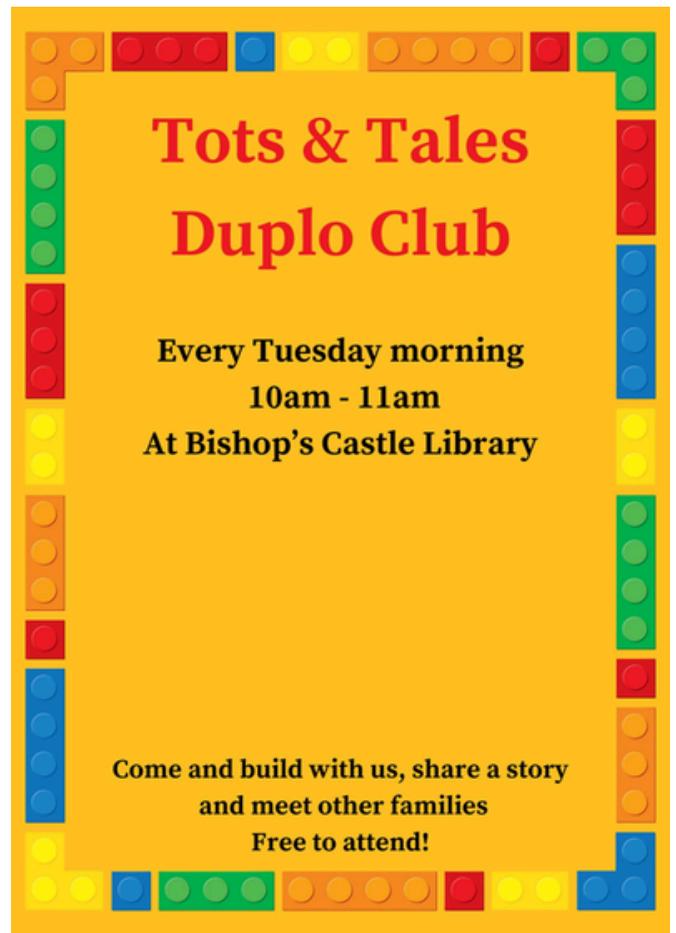
At Bishop's Castle Library  
Every Friday afternoon 3.30pm - 5pm

Come along and choose from our selection of board games!  
Challenge your friends and family!

Games & refreshments provided!

Everyone welcome  
Free to attend!

Children must be accompanied by an adult!



# Tots & Tales Duplo Club

Every Tuesday morning  
10am - 11am  
At Bishop's Castle Library

Come and build with us, share a story and meet other families  
Free to attend!



# Song Time with Sophie

MUSICAL NURSERY RHYMES AND STORIES FOR BABIES AND TODDLERS

EVERY WEDNESDAY AT  
9.15AM AND 10.30AM  
CLUN MEMORIAL HALL

£3 PER CHILD

## SUZUKI PIANO LESSONS

Clunbury, Shropshire

Contact: [abi.gill@gmail.com](mailto:abi.gill@gmail.com)  
07973 662 990

Individual piano lessons for children beginning at age 3-6yrs. Learning includes frequent small group opportunities, bringing students together for performance and musicianship activities.

*The Suzuki Method teaches instrumental playing through attentive listening to playful demonstration. Through the primary focus on music-listening, children are encouraged to develop musical sensitivity and to play with beautiful tone from the very beginning. Music reading and theory are added to children's learning at a later stage. This mirrors how children develop language skills and allows them to begin learning from a young age.*

*Suzuki teachers believe that every child has musical ability, and seek to develop this within a partnership between the child, the teacher and a parent. In nurturing musical ability in their child, families enrich the whole of their lives.*

For further information:  
[www.britishsuzuki.org.uk](http://www.britishsuzuki.org.uk)



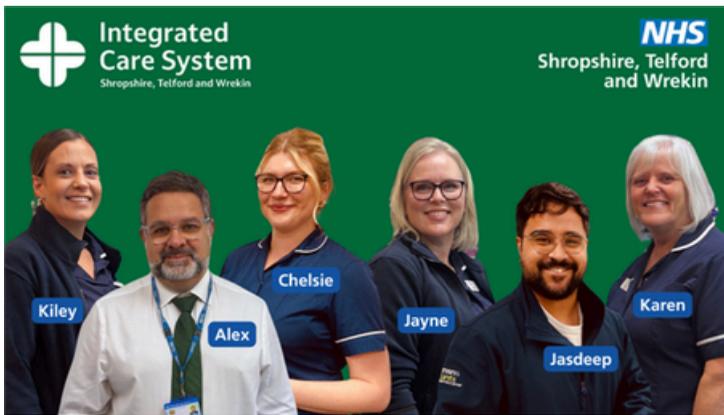


## Protect our children!

**Parents and guardians:** Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to [www.westmercia.police.uk/exploitworkshops](http://www.westmercia.police.uk/exploitworkshops)



Worried about your child's health?

## Think 'Pharmacy First'

You can now get treatment for a variety of common conditions and minor illnesses from your local community pharmacy.

Your pharmacy can help with:

- Earache (ages 1-17)
- Infected insect bites (from age 1)
- Impetigo (from age 1)
- Sore throat (from age 5)
- Hay fever (all ages)
- Conjunctivitis (all ages)

If you don't know whether a pharmacist can help with what you need, give them a call first or just pop in.

If you get a prescription through your pharmacy, you'll never pay more than if you had seen your GP.

## SPRING TERM SEND MEET & CHAT FAMILY DROP-IN

Hosted by Shropshire Early Help



Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

- EHCPs
- School support
- Health and wellbeing
- Social care
- Mental health
- Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.



|   |
|---|
| <p><b>LUDLOW - HELENA LANE COMMUNITY CENTRE</b></p> <p>Tuesday 20th January 2026<br/>12:30pm-14:30pm</p> <p>Helena Lane Community Centre, 20 Hamlet Rd, Ludlow, SY8 2NP</p> |
| <p><b>SHREWSBURY THE LANTERN</b></p> <p>Thursday 19th February 2026<br/>10:00am-12:00pm</p> <p>The Lantern, Meadow Farm drive, Shrewsbury, SY1 4NG</p>                      |
| <p><b>MARKET DRAYTON RAVEN HOUSE</b></p> <p>Tuesday 24th March 2026<br/>13:00pm-15:00pm</p> <p>Raven House, 129 Chesire Street, Market Drayton TF9 3AH</p>                  |



HAVE YOUR SAY!

Scan the QR code to suggest topics and activities for future drop-in sessions.



# 20 is plenty!

Children who read for 20 minutes a day will...

Improve focus and concentration

Be exposed to 1.8 million words a year

Develop a love for learning

Have a world of imagination and creativity opened to them

Learn how to develop empathy

Have stronger writing skills

Have a broad vocabulary

Improve test results

Improve critical thinking skills

Improve and strengthen memory

Have better general knowledge

Improve communication skills

Have reduced stress levels

Silly School Education



# Understanding Your Child

*From Toddler to Teen*

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

## Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

### Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 12.45–2.45pm – Belvedere Primary School, Shrewsbury (SY2 5YB)
- 13th April 2026 - 1.00–3.00pm – Ludlow Primary School (SY8 1HG)
- 15th April 2026 - 9.30–11.30am – Pontesbury Primary School (SY5 0TF)
- 15th April 2026 - 1.00–3.00pm – Wilfred Owen School, Shrewsbury (SY2 5SH)
- 15th April 2026 - 5.00–7.00pm – Online via MS Teams

### What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

### Want to Join Us?

Email: [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk)

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



### Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



# Understanding Your Child with SEND

*From Toddler to Teen*

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

## Join our friendly, relaxed group!

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

### Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 13th April 2026 - 10.00am–12.00pm – Online via MS Teams
- 16th April 2026 - 1.00pm–3.00pm – St Lucia's School, Upton Magna (SY4 4TZ)
- 17th April 2026 - 9.30am–11.30am – Whittington Primary School, (SY11 4DA)

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

### What We'll Talk About

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

### Want to Join Us?

Email: [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk)

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



### Prefer flexible online learning?

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)



## Does your child struggle with their sleep?

### Free Sleep Tight Groups

Join us on one of our virtual or face-to-face groups and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

**Sleep Tight Universal Group 24<sup>th</sup> April 2026 from 10.00am to 12.00pm**  
Virtually Via MS Teams

**Sleep Tight SEND Group 12<sup>th</sup> June 2026 from 10.00am to 12.00pm**  
at The Keystone Academy, Squinter Pip Way, Shrewsbury, SY3 8XQ

The groups run for 5 weeks excluding the school holidays and bank holidays.

Groups with SEND are suitable for parents/carers of Children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place email [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call 01743 250950

Find out more here



## Shropshire Parenting Help and Support Line

**01743 250950**

**Mon - Thurs, 9.30am - 4.30pm**  
**Fri, 9.30am - 3.30pm**

No judgment, just support. For **all** Shropshire families, including those whose children have special educational needs and/or disabilities (SEND)

